



# Invitation

## Nordic Junior Competition

*X-Country – Ski Jumping – Nordic Combined*



**Norges  
Skiforbund**



**21. – 23. March 2025**

**Gåla, Norway**


Together with the Norwegian Ski Federation, Gålå Idrettsanlegg invites to Nordic Junior Competition 2025. Competitions will take place between 21.-23. March 2025, at Peer Gynt arena and Jordalen in Gålå.

Updated information is always available at

<https://www.skiforbundet.no/arrangement/2024-2025/gala25/>

**WELCOME TO NORWAY, GUDBRANDSDALEN AND GÅLÅ FOR NORDIC JUNIOR COMPETITION 2025!**

## Program

 <b>NORDIC JUNIOR COMPETITION</b> <small>X-COUNTRY   SKI JUMPING   NORDIC COMBINED</small>	<b><u>Cross-Country</u></b>	<b><u>Ski Jumping</u></b>	<b><u>Nordic Combined</u></b>
<b><u>Friday 21. March</u></b>	Sprint F women          Sprint F men	10.00: Official training (1.jump)  Individual competition  women HS 80  Men HS 80  Trial round 10:30 Competition 11:00	10.00: Official training (1.jump) 11.00: PCR  Individual Gundersen HS 80 Trial round 13:30 Competition 14:00  Women 5km: 16:00 Men 7,5km: 16:30
<b><u>Saturday 22. March</u></b>	Individual 5k C Women          Individual 10k C Men	Team women HS 80 Team men HS 80  Trial round 09:00 1.Round 10:00 Final ap 11:00	Teamsprint  HS 80 Trial round 09:30 Competition 10:30  15:30 Women 3 * 1km * 2 ath  16:00 Men 5 * 1km * 2 ath
<b><u>Sunday 23. March</u></b>	Relay F-F-F  3x3kmwomen  3 x 5km men	Mixed Team HS 80 1.round	

A more detailed program can be found on the event's website.

There will be district teams participating in the relay, starting in their own field behind the national teams. Local juniors will also participate in the race on Saturday, starting outside the seeded group in the junior national competition.

After the team competitions on Saturday and Sunday, there will be finals in the national recruitment cup (RC) for 12-16 year olds, with an opening for international jumpers to participate. Deadline for registration in advance of TCM (NOK 170,- per athlete/comp)

TCM SJ Friday March 21st at 0800 (judgetower)

TCM NC Friday March 21st at 0820 (judgetower)

Official training SJ+NC Friday March 21st at 0900 (one jump)

March 20th from 18-20 (If ok weather) Open training against lift fee NKR: 100.-  
(weather permitting)

## Rules

<https://www.skiforbundet.no/arrangement/2024-2025/gala25/sc-njc-cc/rules/>

## Organizing committee

Function	Name	E-mail	Telephone (+47)
<b>Leader Gålå Idrettsanlegg</b>	Morten Randen	<a href="mailto:mortran55@gmail.com">mortran55@gmail.com</a>	93236751
<b><u>Cross-Country</u></b>			
Chief of Competition	Audun Skattebo	<a href="mailto:audun.skattebo@gmail.com">audun.skattebo@gmail.com</a>	900 30 720
Ass. Chief of Competition	Bjørnar Bakken		905 65 187
Race office	Randi Myhr	<a href="mailto:randi.myhr@hotmail.no">randi.myhr@hotmail.no</a>	906 55 493
<b><u>Ski Jumping</u></b>			
Chief of Competition	Kristian Brenden	<a href="mailto:Kristian.Brenden@inn.no">Kristian.Brenden@inn.no</a>	415 13 879
Ass. Chief of Competition	Pål Thore Åsmundstad	<a href="mailto:aasmundstadv@gmail.com">aasmundstadv@gmail.com</a>	970 28 871
<b><u>Nordic Combined</u></b>			
Chief of Competition	Pål Thore Åsmundstad	<a href="mailto:aasmundstadv@gmail.com">aasmundstadv@gmail.com</a>	970 28 871
Ass. Chief of Competition	Kristian Brenden	<a href="mailto:Kristian.Brenden@inn.no">Kristian.Brenden@inn.no</a>	415 13 879
<b><u>Representatives</u></b>			
Norwegian Ski Federation	Erik Husby	<a href="mailto:erik.husby@skiforbundet.no">erik.husby@skiforbundet.no</a>	45450297
TD Ski Jumping	Geir Steinar Loeng	<a href="mailto:geir.s.loeng@gmail.com">geir.s.loeng@gmail.com</a>	91541424
Koordinator NSF Hopp	Trond Bysveen	<a href="mailto:trondmurer@yahoo.no">trondmurer@yahoo.no</a>	95908724

## Athlete and Team

The organizing committee encourages all athletes and leaders to read the Nordic Junior Competition rules. This is to get as much information as possible about the current regulations and how the competitions take place.

<https://www.skiforbundet.no/arrangement/2024-2025/gala25/sc-njc-cc/rules/>

Each of the Nordic nation's (DEN-EST-FIN-ISL-LAT-LTU-NOR-SWE) may enter an unlimited number of participants. *Additionally, the organizer may invite other nations.* Each competition (XC women, XC men, relay women, relay men, NC sprint, NC individual, NC team, jump individual and jump team), will count as separate competition.

Athletes outside the nations teams can enter the races, in unlimited number. These athletes will not count in the nation's competition.

*If a participant outside the national teams wins one of the individual competitions, the winner will be named as individual Nordic Champion.*

## Entry

Preliminary entries, with the number of competitors and leaders, for each of the national teams must be made - **latest Friday 28. February 2025.**

Official entries with the **names, birthday, FIS-code of athletes** must be made - **latest Friday 7. March 2025.**

**Entries is sent to – [gala@galaidrett.no](mailto:gala@galaidrett.no)**

Athletes outside the national team entry with names, birthday and FIS-code

– **latest Friday 14. March 2025.**

### **Entry fee**

Athletes representing national team (DEN-EST-FIN-ISL-LAT-LIT-NOR-SWE):  
20 euro per athlete per race and 60 euro per relay team.

Athletes outside the above national team:  
20 euro per athlete per race and 60 euro per relay team.

**Entry fees needs to be paid before arrival - latest Friday 14. March 2025.**

**Payment information – see website <https://www.skiforbundet.no/arrangement/2024-2025/gala25/>**

***Please note sender and what you pay for.***

## Race office

Race office will be open Thursday to Sunday at the Stadiums.  
Contact outside competition weekend: [gala@galaidrett.no](mailto:gala@galaidrett.no)

## Waxing

Information regarding waxing cabins will be available at website. Waxing cabins will be close to start and test area and are inside a tent.

## Accommodation

You can book accommodation at Gålå booking and Gålå Hotell – This offers options for both cabins and hotels, and the price should be a maximum of 125 CHF (double room).

### Contact information

- Gålå Booking - <https://galabooking.no>: Cabins.
- Gålå Hotell - <https://www.galahotell.no/>.

## Price ceremony – social happening

Nordic Junior Competition banquet will be held on Saturday, 22. March 2025. This will include a prize giving ceremony for Friday and Saturday competitions. The organizing committee is planning a social and pleasant evening for both athletes and leaders. More information on the event's website as the evening approaches.

## Transport

The organizing committee wants to see the need for transport and encourages participating nations (DEN-EST-FIN-ISL-LAT-LIT-NOR-SWE) to send their needs to [gala@galaidrett.no](mailto:gala@galaidrett.no) – latest **28. February 2025**. The organizing committee will then return to how the transport will take place. The price of transportation depends on the needs from the nations.

**Recommended nearest airport: Oslo Lufthavn Gardermoen (OSL)**

**Recommended nearest railway station: Vinstra**

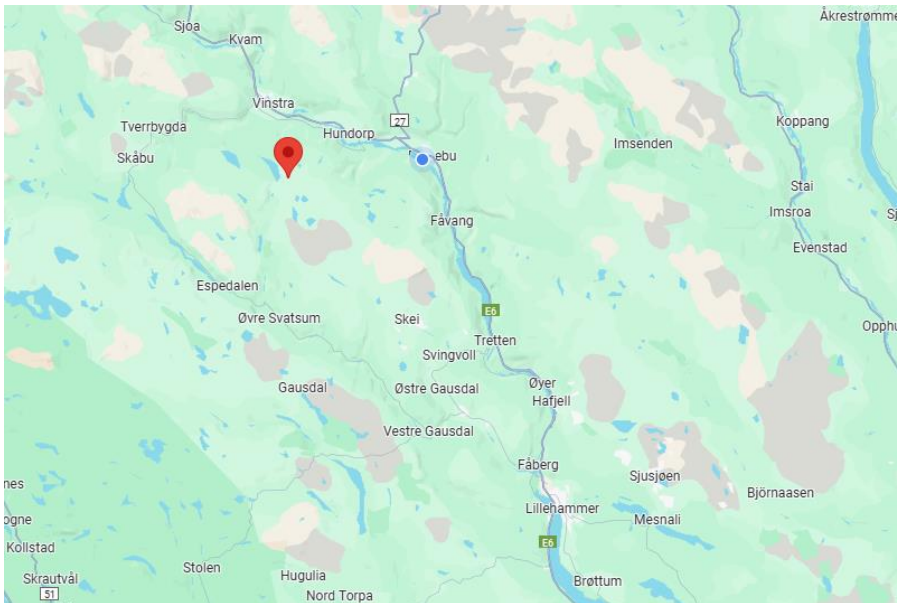
Distance from Oslo Lufthavn Gardermoen to Gålå: 227 km Distance Distance from

Vinstra railway station to Gålå: 17 km

Distance from Gålå to Jordalen (Ski Jumping): 8 km

Distance from accommodation Gålå to cross-country stadium: 0-2 km

## Maps



Address cross-country stadium;  
Lokkarsetta 3, 2646 Gålå  
Google maps; [Link](#)

Address ski jumping;  
Jordalen Hoppanlegg,  
Øvergrendsvegen 570,  
2640 Vinstra.  
Google maps; [Link](#)



**Norwegian Ski Federation and Gålå Idrettsanlegg welcomes everyone to Nordic Junior Competition 2025, 21.-23. March!**