

Pris kr. 10,-



Resultater

Hovedlandsrennet 1989



Hovedsponsorer:



Orkdal Sparebank



DOMUS
ORKANGER



Orkla Grafiske a.s
Tlf. 82320 - 7300 Orkanger

ORKDAL IL
 RENNLEDER: BJØRN HUSDAL
 LØYFESJEF: JOAK LIAN

R E S U L T A T E R
 HOVEDLANDSRENNET 1989
 SPESIELT LANGRENN

KNYKEN SKISSENTER
 LØRDAG 11. Mars 1989
 TD: PER NYHOEII

JENTER 15 AR -- 5 KM FRI

| PLASS | NR. | NAVN | LAG | TID | ETTER |
|-------|-----|------------------------|------------------------|---------|---------|
| 1 | 284 | ASE IDLAND | R 11 FIGGJO IL | 13.54,0 | 00.00,0 |
| 2 | 213 | INGVIL SNØFUGL | X 15 HEIMDAL IF | 14.07,0 | 00.13,0 |
| 2 | 285 | ANNE ØSTLIE | o 05 JEVNAKER IL | 14.07,0 | 00.13,0 |
| 4 | 202 | HEGE LUNDRING | - 02 EIDSVOLD VERK SK | 14.16,0 | 00.22,0 |
| 5 | 214 | ELISABETH ELVBAKKEN | X 15 ORKDAL IL | 14.20,0 | 00.26,0 |
| 5 | 245 | JORID DEGERSTRØM | 19 SANDNES IL | 14.20,0 | 00.26,0 |
| 7 | 190 | BENTE GRYPHE | o 05 VIND IL | 14.21,0 | 00.27,0 |
| 8 | 173 | GUNHILD FLESVIK | o 05 ØSTRE TOTEN SKILÅ | 14.22,0 | 00.28,0 |
| 8 | 272 | HANNE LANGERUD | - 02 GJERDRUM IL | 14.22,0 | 00.28,0 |
| 10 | 219 | RANVEIG THOMASSEN | 19 ØLDERFJORD IL | 14.26,0 | 00.30,0 |
| 11 | 151 | ANITA OLSEN | o 05 SVEA SKILAG | 14.25,0 | 00.31,0 |
| 12 | 262 | BENTE GLADHUS | B 06 GOL IL | 14.31,0 | 00.37,0 |
| 13 | 174 | BENTE ODLO | o 05 RINGEBU IL | 14.34,0 | 00.40,0 |
| 4 | 204 | KARINA HILLESTAD | V 07 STOKKE IL | 14.35,0 | 00.41,0 |
| 14 | 273 | BENTE HALVORSEN | - 02 OPPEGARD IL | 14.35,0 | 00.41,0 |
| 16 | 274 | MIRI JØRGENSEN | / 03 BÆKKELAGET SP.KL. | 14.37,0 | 00.43,0 |
| 17 | 196 | MONICA RAAEN-IVERSEN | / 03 KJELSAS IL | 14.39,0 | 00.45,0 |
| 18 | 161 | ULRIKKE ROALD | - 02 BERUMS SK | 14.44,0 | 00.50,0 |
| 18 | 257 | ANNE METTE GRØTLI | \ 04 KVIKNE IL | 14.44,0 | 00.50,0 |
| 20 | 175 | INGRID WALAKER | B 13 KAUPANGER IL | 14.45,0 | 00.51,0 |
| 20 | 189 | MERETE RØDSJØ | X 15 BAUGN IL | 14.45,0 | 00.51,0 |
| 22 | 209 | TRINE OLSBORG | 18 JOSEFVATN IL | 14.47,0 | 00.53,0 |
| 23 | 165 | HEIDI GUDDING | N 16 VINNE SKILAG | 14.49,0 | 00.55,0 |
| 23 | 253 | SIV VASSDAL | M 14 MØLDE & O. IF | 14.49,0 | 00.55,0 |
| 23 | 264 | TONJE SIMENSEN | 19 IL FREA | 14.49,0 | 00.55,0 |
| 26 | 281 | HEIDI FUGLEHAUG | o 05 VIND IL | 14.50,0 | 00.56,0 |
| 27 | 239 | INGVILD BYE | X 15 IK RINDALS-TROLL | 14.51,0 | 00.57,0 |
| 28 | 184 | INGJER OFSTAD | X 15 SKAUN IL | 14.53,0 | 00.59,0 |
| 28 | 237 | JANNE SANDSTAD | X 15 BYASEN IL | 14.53,0 | 00.59,0 |
| 30 | 183 | CATHRINE OLSBY | - 02 HEGGEDAL IL | 14.55,0 | 01.01,0 |
| 30 | 231 | ANNKATHRIN THOMASSEN | 19 ALTA IF | 14.55,0 | 01.01,0 |
| 30 | 240 | ANN-KRISTIN MOE | - 02 GJERDRUM IL | 14.55,0 | 01.01,0 |
| 3 | 248 | MUNA STEINSLIEN | o 05 ØYER IL | 14.57,0 | 01.03,0 |
| 33 | 278 | TORILL SAGMOEN | \ 04 VANG SKILØPERFOR. | 14.57,0 | 01.03,0 |
| 35 | 242 | TONE MARIT OFTEDAL | B 11 FIGGJO IL | 14.58,0 | 01.04,0 |
| 35 | 259 | LISE STEEN | B 06 HØKKSUND IL | 14.58,0 | 01.04,0 |
| 37 | 159 | TRUDE AGHEIM | 17 ÅGA IL | 14.59,0 | 01.05,0 |
| 37 | 263 | ANETTE JENSEN | A 09 RYGENE IL | 14.59,0 | 01.05,0 |
| 39 | 153 | ANITA VATNEBRYN | B 06 SVENE IL | 15.01,0 | 01.07,0 |
| 40 | 235 | EDEL JANNECKE SVENØSEN | 19 IL FREA | 15.02,0 | 01.08,0 |
| 41 | 166 | SIRI FJELDAL | - 02 GJERDRUM IL | 15.03,0 | 01.09,0 |
| 42 | 162 | METTE ROON | o 05 VIND IL | 15.04,0 | 01.10,0 |
| 42 | 181 | SIV HELENE HANSEN | 18 RØFSUNDELV IL | 15.04,0 | 01.10,0 |
| 42 | 276 | HEIDI ØVERGAARD | - 02 BERUMS SK | 15.04,0 | 01.10,0 |
| 45 | 283 | TINA BAY | H 12 KORLEVOLL IL | 15.05,0 | 01.11,0 |
| 46 | 188 | KRISTIN HÅRSTADHAUGEN | o 05 GAUSDAL IL | 15.06,0 | 01.12,0 |
| 46 | 277 | HARIT KRÆSTAD | 17 BØSND & YTTEREN | 15.06,0 | 01.12,0 |
| 48 | 232 | LIV IRENE SÆTRE | \ 04 NYBERGGUND IL | 15.08,0 | 01.14,0 |
| 49 | 191 | KATHINKA STØRN | / 03 RØÅ IL | 15.09,0 | 01.15,0 |
| 50 | 247 | SIV KARLSEN | - 02 BERUMS VERK IF | 15.10,0 | 01.16,0 |
| 51 | 216 | SIV ELIN LEINAN | 19 IL FREA | 15.11,0 | 01.17,0 |
| 52 | 193 | GRITT MONIKA STORSETH | X 15 SKAUN IL | 15.12,0 | 01.18,0 |
| 52 | 286 | KRISTIN LUND | 19 ALTA IF | 15.12,0 | 01.18,0 |
| 54 | 254 | ANN KRISTIN TANEM | N 16 SPARBU IL | 15.13,0 | 01.19,0 |
| 55 | 205 | BIRGIT HØLHANN | X 15 VIKEN IL | 15.14,0 | 01.20,0 |

UNEDØL IL
 LEIHLIEDER: BJØRN HUSDAL
 TØYPLASSJEF: JUAK LIAN

R E S U L T A T E R
 HOVEDLANDSRENNET 1989
 SPESIELT LANGRENN

KNYKLEN SKISENTER
 LØRDAG 11. MARS 1989
 TD: PER NYMØEN

JENTER 15 ÅR - 5 KM FRI

| PLASS | NR. | NAVN | LAG | T I D | ETTER |
|-------|-----|------------------------|-----------------------|---------|---------|
| 55 | 228 | HILDE ANDERSEN | 17 BOSSMO & YTTEREN | 15.14,0 | 01.20,0 |
| 57 | 222 | ANN KRISTIN TRØBAKK | N16 HENNING IL | 15.15,0 | 01.21,0 |
| 57 | 256 | UNNI STENVIK | B06 KONGSBERG IF | 15.15,0 | 01.21,0 |
| 59 | 261 | NINA SKJELLERUD | 005 RAUFLOSS IL | 15.16,0 | 01.22,0 |
| 60 | 170 | TORILL ANITA HOEM | X15 ØVERBYGDA IL | 15.18,0 | 01.24,0 |
| 60 | 250 | KRISTIN OLSEN | T08 SAULAND IL | 15.18,0 | 01.24,0 |
| 60 | 268 | VÅLBORG MÅDSLIE | 005 SØRE AL IL | 15.18,0 | 01.24,0 |
| 60 | 270 | ANNE ØRY MESSENLIE | \04 MESNALI SKILAG | 15.18,0 | 01.24,0 |
| 64 | 155 | BERETE WESETH | V07 HOF IL | 15.19,0 | 01.25,0 |
| 65 | 152 | HANNE OLSEN | B06 IF BIRKEBEINEREN | 15.20,0 | 01.26,0 |
| 66 | 150 | GUNN MARGIT ANDREASSEN | A09 BIRKENES IL | 15.21,0 | 01.27,0 |
| 66 | 169 | KINE MYHRE | 17 IL STALKAMERATENE | 15.21,0 | 01.27,0 |
| 66 | 229 | INGRID VEE HAUKVIK | V07 SVARSTAD IL | 15.21,0 | 01.27,0 |
| 69 | 187 | TOVE SKARSHILM | 005 SØRE AL IL | 15.22,0 | 01.28,0 |
| 70 | 178 | MARIANNE BRUN | -02 LØRENSKOG SK | 15.26,0 | 01.32,0 |
| 70 | 199 | TRINE ALSOS | 17 BODØ & OMEGN IF | 15.26,0 | 01.32,0 |
| 70 | 210 | KATHRINE PAULSEN | -02 LØRENSKOG SK | 15.27,0 | 01.33,0 |
| 72 | 272 | KRISTI BEVRE | 005 ØSTRE TOTEN SKILA | 15.27,0 | 01.33,0 |
| 74 | 195 | LINE NESBÅKKEN | 003 HASLE LØREN IL | 15.28,0 | 01.34,0 |
| 74 | 241 | THERESE MELBO | H12 ODDA IL | 15.28,0 | 01.34,0 |
| 74 | 254 | LONE LARSEN | 18 KVALØYSLETTA IL | 15.28,0 | 01.34,0 |
| 77 | 203 | BENEDIKTE SAND | 02 ULLENSAKER SK | 15.29,0 | 01.35,0 |
| 77 | 212 | KARI HANSEN | 18 SENJA SKILAG | 15.29,0 | 01.35,0 |
| 77 | 282 | NTNA ELLINGSETER | 14 ISFJORDEN IL | 15.29,0 | 01.35,0 |
| 80 | 192 | KRISTIN HOGSTAD | 16 FROSTA IL | 15.30,0 | 01.36,0 |
| 81 | 217 | LENE KARIN EGELAND | 11 SANDNES IL | 15.32,0 | 01.38,0 |
| 82 | 227 | ANNE MARIT STANDEREN | 10 ODDERSJA IL | 15.33,0 | 01.39,0 |
| 83 | 172 | NINA BÅRSTAD | 16 SPILLUM IL | 15.35,0 | 01.41,0 |
| 83 | 186 | HILDE GUSSØY | 15 FLATAS IL | 15.35,0 | 01.41,0 |
| 83 | 243 | HANNE TRETTERUD | 02 ULLENSAKER SK | 15.35,0 | 01.41,0 |
| 83 | 252 | KRISTIN ALVENES | 17 TVERLANDET IL | 15.35,0 | 01.41,0 |
| 87 | 171 | TRINE J. HEMSTAD | 03 HASLE LØREN IL | 15.36,0 | 01.42,0 |
| 87 | 176 | HILDE KARIN BELLSLI | 15 STRINDHEIM IL | 15.36,0 | 01.42,0 |
| 87 | 185 | ASTRID HELENE ERIKSEN | 07 NANSET IF | 15.37,0 | 01.43,0 |
| 87 | 215 | LIV BENTE LUNDBY | 04 VANG SKILØPERFOR. | 15.37,0 | 01.43,0 |
| 87 | 233 | HILDE OLSEN | 17 BEISFJORD IL | 15.37,0 | 01.43,0 |
| 87 | 269 | HEGE ANESLAND | 02 SKEDSMO SK | 15.37,0 | 01.43,0 |
| 93 | 163 | TONJE STRØMDAHL | 02 ULLENSAKER SK | 15.38,0 | 01.44,0 |
| 94 | 201 | LINN BERETE ØVERLAND | 14 INNFJORDEN IL | 15.39,0 | 01.45,0 |
| 95 | 216 | VESLEMØY HAUSKEN | 12 ODDA IL | 15.43,0 | 01.49,0 |
| 95 | 226 | HEGE UTENGEN | 06 IL ROS | 15.43,0 | 01.49,0 |
| 97 | 208 | INGERBORG FRENSTAD | 07 OSEBERG SKILAG | 15.47,0 | 01.53,0 |
| 97 | 223 | SOLVEIG MARTA ANDERSEN | 10 TVEIT IL | 15.47,0 | 01.53,0 |
| 97 | 167 | TONE HOLLAN | 15 KATTEM IL | 15.49,0 | 01.55,0 |
| 100 | 156 | LIV LEFSTAD | 15 SKAUN IL | 15.50,0 | 01.56,0 |
| 101 | 157 | HANNE SOLHEIM | 03 NJÅRD | 15.51,0 | 01.57,0 |
| 102 | 158 | THERESE GUDDINGSMO | 16 VINNE SKILAG | 15.52,0 | 01.58,0 |
| 102 | 194 | BEATE HAUGENSEN | 16 MALM IL | 15.52,0 | 01.58,0 |
| 02 | 249 | GUNN HEGE KJØLSTAD | 06 VIKERSUND IF | 15.52,0 | 01.58,0 |
| 05 | 230 | NINA KRØKEN | 04 TOLGA IL | 15.53,0 | 01.59,0 |
| 06 | 236 | LISBETH BERDAL | 15 AFJORD IL | 15.54,0 | 02.00,0 |
| 06 | 287 | ANNE SIRI OHUNDSEN | 09 IDUN'S IL | 15.54,0 | 02.00,0 |
| 08 | 246 | HEGE BUNES | 04 IL MØGUTTEN | 15.55,0 | 02.01,0 |
| 09 | 182 | INGUNN JENTOFT OLSEN | 07 OSEBERG SKILAG | 15.56,0 | 02.02,0 |
| 10 | 164 | TRUDE BØE | 03 KJELSAS IL | 15.57,0 | 02.03,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYFESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
SPESTILT LANGRENN
JENTER 15 ÅR - 5 KM FRI

KNYKEN SKISENTER
LØRDAG 11. MARS 1989
TD: PER NYHOEN

| PLASS | NR. | NAVN | LAG | T I D | ETTER |
|-------|-----|---------------------|----------------------|---------|---------|
| 110 | 180 | KARLANNE MYHRVOLD | 06 SIMOSTRANDA IL | 15.57,0 | 02.03,0 |
| 110 | 197 | HEGE GÅRBERG | 15 BØRSA IL | 15.57,0 | 02.03,0 |
| 113 | 230 | JORID FOLLAND | 14 KARVAG IL | 16.02,0 | 02.06,0 |
| 114 | 265 | LENE BREKKEN | 11 FIGGJO IL | 16.03,0 | 02.02,0 |
| 115 | 234 | VIGDIS WATNE | 09 IDUN'S IL | 16.04,0 | 02.10,0 |
| 116 | 288 | LINDA PRØIS | 06 IF GRÅBEIN | 16.07,0 | 02.13,0 |
| 117 | 179 | NINA GILHUUS | 06 KONNERUD IL | 16.08,0 | 02.13,0 |
| 117 | 260 | HEGE THERESE HANSEN | 07 HOF IL | 16.08,0 | 02.13,0 |
| 119 | 271 | GRETE PÅSCHE | 17 IL STALKAMERATENE | 16.09,0 | 02.15,0 |
| 120 | 198 | ANITA SØRHEIM | 08 STATHELLE IF | 16.11,0 | 02.17,0 |
| 121 | 224 | BIRGITTE OTTERBEKK | 16 IL STJØRDALS-BLUN | 16.12,0 | 02.18,0 |
| 122 | 207 | JEANETTE LØVLAND | 01 GREAKER IF | 16.17,0 | 02.23,0 |
| 123 | 200 | HONICA KLUNGLAND | 10 TVEIT IL | 16.21,0 | 02.27,0 |
| 123 | 255 | KARLANNE BJØRN-LIAN | 03 LINDERUD IL | 16.25,0 | 02.31,0 |
| 125 | 220 | ANNE GRØNNVOLD | 04 BRUMUNDAL IL | 16.26,0 | 02.32,0 |
| 126 | 275 | LENE FRØSTHAMMER | 16 SPILLUM IL | 16.27,0 | 02.33,0 |
| 127 | 225 | HEIDI SUNDNES | 03 LINDERUD IL | 16.31,0 | 02.37,0 |
| 128 | 258 | IRINE BJERKLI | UTSKARPEN | 16.32,0 | 02.38,0 |
| 129 | 251 | ANITA IREN BJERKE | 10 TVEIT IL | 16.36,0 | 02.42,0 |
| 130 | 266 | HARTA SKJELDAL | 12 BULKEN IL | 16.40,0 | 02.46,0 |
| 131 | 168 | ÅSE SILVERTSVOLL | 04 TYNSET IF | 16.41,0 | 02.47,0 |
| 132 | 280 | GURD TJELLE | 02 NITTEDAL IL | 17.09,0 | 03.15,0 |
| 133 | 177 | NINA LIANE ERIKSEN | 08 KRÅGERØ IF | 17.11,0 | 03.17,0 |
| 134 | 267 | KARIN HÆRDEN | 02 HÅSLUN IL | 17.12,0 | 03.18,0 |
| 135 | 154 | HEGE FREDRIKSEN | 02 NITTEDAL IL | 17.23,0 | 03.29,0 |
| 136 | 160 | LISBETH HOLTH | 04 BÅGNØR UL | 17.24,0 | 03.30,0 |
| 137 | 206 | ELI DYBENDAL | 06 BÅRKE IF | 17.31,0 | 03.37,0 |

X-SPORT RESULTATSYSTEM 890311 13:01.23

R E S U L T A T E R

HØVEDLANDSRENNET 1989

SPESELT LANGRENN

GUTTER 14 ÅR - 5 KM FRI

KNYKEN SKISENTER

LØRDAG 11. MARS 1989

ID: PER NYHOLM

ØREDALE IL

RENNLEDER: BJØRN HUSDAL

LØYPMESSEJEF: JOAR LIAN

| PLASS NR. | NR. | NAVN | LAG | T I D | ETTER |
|-----------|-----|-----------------------|----------------------|---------|---------|
| 1 | 428 | LARS BJØRMAS | 16 IL STJØRDALS-BLIN | 12.01,0 | 00.00,0 |
| 2 | 346 | HAVARD NYHAGEN | 05 ØSTRE SLIDRE IL | 12.14,0 | 00.13,0 |
| 3 | 345 | OLE EINAR BJØRNDALEN | 06 SIMOSTRANDA IL | 12.23,0 | 00.22,0 |
| 4 | 384 | TRON RUSTADBAKKEN | 04 BRUMUNDDAL IL | 12.39,0 | 00.38,0 |
| 5 | 398 | HAVARD BARSTAD | 02 BÆRUMS VERK IF | 12.44,0 | 00.43,0 |
| 6 | 369 | ØYVIND SKALLERUD | 01 ASKIM IF | 12.46,0 | 00.45,0 |
| 7 | 356 | VIDAR VALVIK | 17 IL SISO | 12.49,0 | 00.48,0 |
| 8 | 383 | ROBIN JAKOBSEN | 17 STOKMARKNES | 12.50,0 | 00.49,0 |
| 9 | 418 | JAN OVE BARLAND | 09 GJERSTAD IL | 12.52,0 | 00.51,0 |
| 10 | 355 | JAN ERIK GJERLAND | 13 FØRDE IL | 12.53,0 | 00.52,0 |
| 10 | 417 | RUNE HELGESTAD | 06 AL IL | 12.53,0 | 00.52,0 |
| 12 | 403 | IVAR TVEITEN | 06 IL BEVEREN | 12.55,0 | 00.54,0 |
| 12 | 438 | ANDERS NUPEN HANSEN | 06 EIKER KVIKK IF | 12.55,0 | 00.54,0 |
| 14 | 370 | SVEIN GUNNAR TJØNNDAL | 15 HEINDAL IF | 12.57,0 | 00.56,0 |
| 15 | 325 | FRODE SUNDAL | 15 JONSVATNET IL | 13.01,0 | 01.00,0 |
| 16 | 343 | OLA PETTERSEN | 08 IL REIN | 13.02,0 | 01.01,0 |
| 17 | 323 | JENS P. ESTIL | 16 SØRLI IL | 13.03,0 | 01.02,0 |
| 18 | 326 | JACOB LUND | 04 VANG SKILØPERFOR. | 13.04,0 | 01.03,0 |
| 18 | 344 | FRODE KROG BERG | 15 FLATAS IL | 13.04,0 | 01.03,0 |
| 20 | 342 | TROND SANDVIK | 15 NIDELV IL | 13.05,0 | 01.04,0 |
| 20 | 387 | TØRE TOLLEFSEN | 11 HELLELAND IL | 13.05,0 | 01.04,0 |
| 22 | 311 | SVEIN LIAVAG | 06 ASSIDEN IF | 13.06,0 | 01.05,0 |
| 22 | 388 | OLE MORTEN MICHELSEN | 04 TYNSET IF | 13.06,0 | 01.05,0 |
| 22 | 396 | ESPEN SCAVENIUS | 02 GJERDRUM IL | 13.06,0 | 01.05,0 |
| 25 | 375 | HALGEIR HANSEN | 19 BATSFJORD IF | 13.07,0 | 01.06,0 |
| 26 | 316 | TOM ERICHSEN | 03 NJARD | 13.09,0 | 01.08,0 |
| 26 | 363 | HARALD ANDRE JORDE | 06 NESBYEN IL | 13.09,0 | 01.08,0 |
| 28 | 321 | MICHAEL S. ZWAIG | 02 IL FRISK | 13.10,0 | 01.09,0 |
| 29 | 354 | GØRAN HOLTEN | 15 BYASEN IL | 13.12,0 | 01.11,0 |
| 30 | 329 | TORKIL BERG | 16 LEKSVIK IL | 13.13,0 | 01.12,0 |
| 30 | 389 | KOLBJØRN RABBEN | 17 VALNESFJORD IL | 13.13,0 | 01.12,0 |
| 32 | 361 | STALE OPSTAD | 07 STOKKE IL | 13.14,0 | 01.13,0 |
| 33 | 368 | ROGER SLETTAS | 14 SURNADAL IL | 13.15,0 | 01.14,0 |
| 33 | 425 | PER RØRVIK | 17 NARVIK SK | 13.15,0 | 01.14,0 |
| 35 | 330 | ANDERS STORBRÅTEN | 03 NORDSTRAND IF | 13.16,0 | 01.15,0 |
| 36 | 322 | BENJAMIN ULVERUD | 03 KJELSAS IL | 13.17,0 | 01.16,0 |
| 36 | 366 | EIVIND MIKKELSEN | 18 SKANLAND & O. IF | 13.17,0 | 01.16,0 |
| 36 | 382 | RUNAR HALVØRSEN | 06 IL SKRIM | 13.17,0 | 01.16,0 |
| 36 | 409 | RUNE HOPE | 03 BÅKKELAGET SP.KL. | 13.17,0 | 01.16,0 |
| 40 | 327 | RENNART LUNGA | 17 ASE IL | 13.18,0 | 01.17,0 |
| 40 | 365 | GJERMUND KNOTTEN | 07 OSEBERG SKILAG | 13.18,0 | 01.17,0 |
| 40 | 380 | TOM E. RØSTAD | 16 LEKSVIK IL | 13.18,0 | 01.17,0 |
| 40 | 410 | ERLEND SØRAKER | 16 STEINKJER SK | 13.18,0 | 01.17,0 |
| 40 | 436 | FAL SEVERIN BÅTNES | 18 NORDREISA IL | 13.18,0 | 01.17,0 |
| 45 | 333 | JAN RUNE TURØY | 13 MARKANE IL | 13.19,0 | 01.18,0 |
| 45 | 358 | DAG SÆTHER | 18 ØVRE SALANGEN IL | 13.19,0 | 01.18,0 |
| 45 | 393 | ROGER FOSSEN | 15 JONSVATNET IL | 13.19,0 | 01.18,0 |
| 48 | 399 | SVEINUNG SOLBREKKE | 01 HÆRLAND IL | 13.20,0 | 01.19,0 |
| 49 | 309 | ROLF SØRENSEN | 05 HÆRESTUA IL | 13.22,0 | 01.21,0 |
| 50 | 341 | JUSTEIN TRULSRUD | 02 LOMMEDALEN IL | 13.23,0 | 01.22,0 |
| 50 | 373 | TØR ARNE HETLAND | 11 HELLELAND IL | 13.23,0 | 01.22,0 |
| 52 | 319 | RUNE LARSEN | 02 GJERDRUM IL | 13.24,0 | 01.23,0 |
| 52 | 350 | SIVERT VIST | INDERØY | 13.24,0 | 01.23,0 |
| 52 | 381 | JON OLSEN | 03 HØYBRÅTEN & STOVN | 13.24,0 | 01.23,0 |
| 55 | 414 | SVERRE HENNUM | 06 LIER IL | 13.25,0 | 01.24,0 |

ØRHOGL. IL.
KUNNLEDER: BJØRN HUSDAL
LEIYFESJEF: JOHAR LIAN

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SPESELT LANGRENN

ENYKEN SKISENTER
LØRDAG 11. MARS 1989
TD: PER NYMOEN

GUTTER 14 ÅR - 5 KM FRI

| PLASS NR. | NAVN | LAG | T I D | ETTER | |
|-----------|------|---------------------|----------------------|---------|---------|
| 56 | 313 | PAL ESPEN GRAN | 07 BOTNE SK | 13.26,0 | 01.25,0 |
| 56 | 421 | KJETIL FLATEN | 05 M. BRANDBU U OG I | 13.26,0 | 01.25,0 |
| 58 | 328 | ARNE WINSNES | 15 BYNESET IL | 13.27,0 | 01.26,0 |
| 58 | 371 | HORTEN FJELVIKAS | 15 IL FJELLØRNEN | 13.27,0 | 01.26,0 |
| 58 | 404 | RUNE KOLLERUD | 06 KØNNERUD IL | 13.27,0 | 01.26,0 |
| 58 | 429 | PAL CHR. INGTERD | 03 BÈKKELAGET SP.KL. | 13.27,0 | 01.26,0 |
| 62 | 314 | TORE BJØRNSTAD | 15 BUVIK IL | 13.28,0 | 01.27,0 |
| 62 | 334 | ERLEND OLSØ | 15 SVORKNO/NOI | 13.28,0 | 01.27,0 |
| 62 | 340 | ROY HOGSTAD | 07 SVARSTAD IL | 13.28,0 | 01.27,0 |
| 65 | 423 | ANDERS BJØRKE | 02 NESODDEN IF | 13.29,0 | 01.28,0 |
| 65 | 317 | TROND SOLSTAD | 19 IL FREA | 13.30,0 | 01.29,0 |
| 66 | 377 | TORLIF NYRE | 08 HEDDAL IL | 13.30,0 | 01.29,0 |
| 66 | 379 | EINAR WANGBERG | 16 SKATVAL SKILAG | 13.30,0 | 01.29,0 |
| 66 | 386 | TROND LILLEBEKK | 04 MAGNOR UL | 13.30,0 | 01.29,0 |
| 66 | 430 | PAL ARNE FAGERNES | 02 ASKER SK | 13.30,0 | 01.29,0 |
| 70 | 378 | AILE EGENES | 10 TONSTAD IL | 13.31,0 | 01.30,0 |
| 71 | 415 | GJERMUND JØRGENSEN | 07 OSEBERG SKILAG | 13.31,0 | 01.30,0 |
| 73 | 318 | HAKON WANG | 04 SKARNES IL | 13.32,0 | 01.31,0 |
| 73 | 351 | ARNE TORVE | 15 IL SNØHETTA | 13.32,0 | 01.31,0 |
| 73 | 362 | TOR HORTEN YTTERAS | 15 IL FJELLØRNEN | 13.32,0 | 01.31,0 |
| 76 | 433 | LARS FURUSETH | 05 IL VARDE | 13.33,0 | 01.32,0 |
| 76 | 434 | ANDERS VOLL | 02 GJERDRUM IL | 13.33,0 | 01.32,0 |
| 78 | 416 | ODD ESPEN ASHAUG | 05 VIND IL | 13.34,0 | 01.33,0 |
| 79 | 437 | VINJAR DALSEID | 12 SAMNANGER IL | 13.34,0 | 01.33,0 |
| 80 | 310 | HAKON SKJØNBERG | 06 IF BIRKEBEINEREN | 13.35,0 | 01.34,0 |
| 81 | 359 | TROND HAUG | 01 ØSTBYGDA IL | 13.38,0 | 01.37,0 |
| 81 | 367 | MARTIN HÅY | 02 BÈRUMS SK | 13.38,0 | 01.37,0 |
| 81 | 431 | ESPEN HAUGE | 04 NØRSET IL | 13.38,0 | 01.37,0 |
| 86 | 376 | ASGEIR HILMARSEN | 04 TOLGA IL | 13.40,0 | 01.39,0 |
| 86 | 424 | FRØDE ØVERBY | 04 HERNES IL | 13.40,0 | 01.39,0 |
| 86 | 432 | HANS E. LIE | 17 MOSJØEN IL | 13.40,0 | 01.39,0 |
| 87 | 395 | ASLAK ØVERLAND | 15 IL FJELLØRNEN | 13.41,0 | 01.40,0 |
| 87 | 406 | STIAN BÈKKEMO | 17 IL SISO | 13.41,0 | 01.40,0 |
| 87 | 412 | ESPEN MICHAELSEN | 04 VANG SKILØPERFOR. | 13.41,0 | 01.40,0 |
| 90 | 400 | KNUT UGLEBÈKKEN | 19 RAFSBOTN IL | 13.42,0 | 01.41,0 |
| 90 | 440 | HAKON BØRGE | 06 GEILO IL | 13.42,0 | 01.41,0 |
| 92 | 439 | JAN SVERRE AAMLID | 09 GJERSTAD IL | 13.43,0 | 01.42,0 |
| 93 | 335 | PAL JARLE JOHNSEN | 08 IF URÈDD | 13.44,0 | 01.43,0 |
| 94 | 324 | ANDERS ØSTBY | 02 GJELLERASEN IF | 13.46,0 | 01.45,0 |
| 94 | 331 | GUDMUND LARSEN | 05 JEVNAKER IL | 13.46,0 | 01.45,0 |
| 94 | 402 | STEIN HÈLVORSEN | 02 GJELLERASEN IF | 13.46,0 | 01.45,0 |
| 97 | 374 | VIDAR IGELTJØRN | 12 KORLEVOLL IL | 13.47,0 | 01.46,0 |
| 98 | 332 | RANDOLF VALLE | 05 IL VESTRINGEN | 13.48,0 | 01.47,0 |
| 98 | 337 | KJETIL SKORSTAD | 06 HERADSBYGDA IL | 13.48,0 | 01.47,0 |
| 00 | 392 | LIVIND FÈLLAN | 15 BYNESET IL | 13.49,0 | 01.48,0 |
| 01 | 407 | PER OLE PEDERSEN | 10 ODDERSJA IL | 13.51,0 | 01.50,0 |
| 02 | 312 | ØYVIND DEHLI | 05 VIND IL | 13.52,0 | 01.51,0 |
| 02 | 391 | TORGEIR NEVLAND | 11 GJESDAL IL | 13.52,0 | 01.51,0 |
| 02 | 405 | THOMAS STANGEBY | 08 STATHELLE IF | 13.52,0 | 01.51,0 |
| 05 | 394 | RUNE HANGEN | 18 NORDREISA IL | 13.54,0 | 01.53,0 |
| 05 | 419 | BJØRTE NEVLAND | 11 GJESDAL IL | 13.54,0 | 01.53,0 |
| 07 | 330 | TORGEIR JOHANNESSEN | 02 IL JUTUL | 13.55,0 | 01.54,0 |
| 08 | 411 | FRØDE KOLLERUD | 06 KØNNERUD IL | 13.56,0 | 01.55,0 |
| 09 | 354 | TARJEI SANDNES | 01 TRØSKEN IL | 13.57,0 | 01.56,0 |
| 10 | 315 | ARUND FLSEVIK | 16 IL STJØRDALS-BLIN | 13.59,0 | 01.58,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYPLSJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
SPESIELT LANGRENN
GUTTER 14 AR - 5 KM FRI

KNYKEN SKISENTER
LØRDAG 11. MARS 1989
TD: PER NYMOEN

| PLASS NR. | NR. | NAVN | LAG | T I D | ETTER |
|-----------|-----|---------------------|----------------------|---------|---------|
| 111 | 357 | GEIR LUDVIG AASEN | 10 ØVREBØ IL | 14.00,0 | 01.59,0 |
| 112 | 353 | ARILD RICHSTAD | 16 BEITSTAD IL | 14.01,0 | 02.00,0 |
| 113 | 372 | VERJØRN RUSTEN | 04 STRANDBYGDA IL | 14.02,0 | 02.01,0 |
| 114 | 320 | LARS WESTHEIM | 05 GRAN IL | 14.04,0 | 02.03,0 |
| 114 | 339 | TRYGVE SMAADAHN | 01 TRØGSTAD IL | 14.04,0 | 02.03,0 |
| 114 | 423 | HAVARD BUNGUM | 05 SØRE AL IL | 14.04,0 | 02.03,0 |
| 117 | 338 | PER MARTIN PLATOU | 06 DRAMMENS BÅLLKLUB | 14.05,0 | 02.04,0 |
| 117 | 408 | ØYVIND HOPSNES | 12 FANA IL | 14.05,0 | 02.04,0 |
| 119 | 385 | LARS EIVIND KREKEN | 07 BOTNE SK | 14.07,0 | 02.06,0 |
| 119 | 435 | LARS LILLENGEN | 05 IL VARDE | 14.07,0 | 02.06,0 |
| 121 | 413 | JOHN KHSAS | 17 MOSJØEN IL | 14.08,0 | 02.07,0 |
| 121 | 422 | ARNE CHR. SOLBAKKEN | 05 SØR-FRON IL | 14.08,0 | 02.07,0 |
| 121 | 427 | RUNE NORDENGEN | 02 GJERDRUM IL | 14.08,0 | 02.07,0 |
| 124 | 348 | MORTEN NERLI | 05 SØR-FRON IL | 14.12,0 | 02.11,0 |
| 124 | 349 | VLEBJØRN NYHR | 03 NORDSTRAND IF | 14.12,0 | 02.11,0 |
| 126 | 390 | ISAK SØRBØ | 09 GJERSTAD IL | 14.23,0 | 02.22,0 |
| 127 | 352 | HAAVARD JAASTAD | 03 KORSVOLL IL | 14.28,0 | 02.27,0 |
| 128 | 401 | BJØRNAR ONSUM | 04 ASMARKA IL | 14.31,0 | 02.30,0 |
| 129 | 336 | JØRGEN JÅRSVE | 02 SKEDSMO SK | 14.32,0 | 02.31,0 |
| 130 | 420 | PER HARALD SKARØ | 12 VOSS IL | 14.36,0 | 02.35,0 |
| 131 | 347 | TØR AGNAR EID | 15 IL LEIK | 14.41,0 | 02.40,0 |
| 132 | 397 | INGE LYDVU | 12 VOSS IL | 14.43,0 | 02.42,0 |

X-SPORT RESULTATSYSTEM 890311 13:09.22

ORDDAG 11
 KENNLEDER: BJØRN HUSDAL
 LØYFESJEF: JUAR LIAN

R E S U L T A T E R
 HOVEDLANDSRENNET 1989
 SPESIELT LANGRENN

KNYKKEN SKISENTER
 LØRDAG 11. MARS 1989
 TD: PER NYMOEN

GUTTER 15 ÅR - 5 KM FRI

| PLASS | NR. | NAVN | LAG | T I D | ETTER |
|-------|-----|----------------------|----------------------|---------|---------|
| 1 | 474 | REMI ANDERSEN | 03 BØKKELAGET SP.KL. | 11.47,0 | 00.00,0 |
| 2 | 495 | KJETIL JUUL PEDERSEN | 05 HARESTUA IL | 12.13,0 | 00.26,0 |
| 3 | 497 | PER BJARNE HOE | 15 HEIMDAL IF | 12.15,0 | 00.28,0 |
| 4 | 512 | ERIK GRØSETH | 15 IK RINDALS-TROLL | 12.16,0 | 00.29,0 |
| 4 | 505 | KLAUS E. ØISETH | 02 ASKER SK | 12.16,0 | 00.29,0 |
| 4 | 506 | KARL SKJELBRED | 16 EGGE IL | 12.16,0 | 00.29,0 |
| 7 | 470 | ANDERS FUSS | 02 SØRUM IL | 12.17,0 | 00.30,0 |
| 8 | 583 | RUNE TØRSETH | 03 IL KOLL | 12.26,0 | 00.39,0 |
| 9 | 534 | HÅVÅRD SVEEN | 05 RAUFLOSS IL | 12.27,0 | 00.40,0 |
| 10 | 554 | TROND JØHANSEN | 17 ÅGA IL | 12.29,0 | 00.42,0 |
| 11 | 476 | TORGIM DÅLSEG | 15 JONSVATNET IL | 12.30,0 | 00.43,0 |
| 11 | 544 | PER ARNE HOLTHE | 15 JONSVATNET IL | 12.30,0 | 00.43,0 |
| 13 | 533 | MORTEN AASEBØ | 03 IL KOLL | 12.31,0 | 00.44,0 |
| 14 | 504 | CHRISTIAN ØVERLI | 15 HEIMDAL IF | 12.32,0 | 00.45,0 |
| 14 | 529 | SVEIN IVAR HOEN | 06 AL IL | 12.32,0 | 00.45,0 |
| 15 | 475 | ÅRILD ASKAUTRUD | 02 NESODDEN IF | 12.34,0 | 00.47,0 |
| 16 | 559 | DAG SVEGE | 03 RØA IL | 12.35,0 | 00.48,0 |
| 17 | 560 | TOR ARNE BREVIK | 16 MOSVIK IL | 12.35,0 | 00.48,0 |
| 19 | 511 | HÅVÅRD SKORSTAD | 06 HERADSBYGDA IL | 12.36,0 | 00.49,0 |
| 20 | 465 | JÅN JACOB VERDENIUS | 15 FLATAS IL | 12.37,0 | 00.50,0 |
| 21 | 539 | GEIR RØRTVEIT | 17 KABELVAG IL | 12.39,0 | 00.52,0 |
| 21 | 565 | BJØRN ERIK TOKERUD | 05 REINSVOLL IF | 12.39,0 | 00.52,0 |
| 23 | 523 | STEIN HAUGEN | 04 TOLGA IL | 12.40,0 | 00.53,0 |
| 23 | 524 | FRIEDDY OLSEN | 17 STORMFJELL IL | 12.40,0 | 00.53,0 |
| 25 | 590 | EMIL ANODT | 02 LOMMEDALEN IL | 12.41,0 | 00.54,0 |
| 26 | 573 | HÅVÅRD SOLGÅRKEN | 17 BODØ & OMEGN IF | 12.43,0 | 00.56,0 |
| 27 | 540 | STALE SVENDGÅRD | 16 MÅRKABYGDA IL | 12.46,0 | 00.59,0 |
| 28 | 468 | IVAR HÅSSEN | 17 BØSSMO & YTTEREN | 12.48,0 | 01.01,0 |
| 28 | 555 | KJÅRTAN ROLAND | 02 ÅSEN IL | 12.48,0 | 01.01,0 |
| 28 | 598 | FRØDE STEEN | 06 HOKKSUND IL | 12.48,0 | 01.01,0 |
| 31 | 479 | IVAR BENBERG | 15 HEIMDAL IF | 12.49,0 | 01.02,0 |
| 31 | 549 | TOMAS JACOBSEN | 19 OLDERFJORD IL | 12.49,0 | 01.02,0 |
| 33 | 487 | GEIR HENNING GÅRSTAD | 06 KUNNERUD IL | 12.50,0 | 01.03,0 |
| 33 | 567 | ÅRILD O. SAGVOLD | 16 HELGADAL IL | 12.50,0 | 01.03,0 |
| 33 | 597 | LASSE HANSEN | 19 RAFSBØTN IL | 12.51,0 | 01.04,0 |
| 36 | 473 | VIDAR FINNLAND | 15 ÅLEN IL | 12.52,0 | 01.05,0 |
| 36 | 488 | STALE PEDERSEN | 06 IL SKRIM | 12.52,0 | 01.05,0 |
| 36 | 513 | ROGER WERNER OLSEN | 06 IL SKRIM | 12.52,0 | 01.05,0 |
| 36 | 589 | JUN LERSTAND | 02 RÆLINGEN SK | 12.52,0 | 01.05,0 |
| 36 | 594 | OLE EINAR HETTA | 19 KAUTOKEINO IL | 12.52,0 | 01.05,0 |
| 41 | 580 | GEIR SCHØLBERG | 04 ALVDAL IL | 12.53,0 | 01.06,0 |
| 41 | 582 | RUNE RIER JOHANSEN | 01 HÅRLAND IL | 12.53,0 | 01.06,0 |
| 43 | 489 | LARS CATO REKSTAD | 18 FJELL SKILAG | 12.55,0 | 01.08,0 |
| 43 | 496 | KJETIL BERNTZEN | 05 LENSBYGDA SP.KL. | 12.55,0 | 01.08,0 |
| 45 | 477 | ÅSGAUT UNDHETH | 10 SIRDAL SKILAG | 12.57,0 | 01.10,0 |
| 46 | 483 | KIM REPP | 02 RÆLINGEN SK | 12.58,0 | 01.11,0 |
| 46 | 498 | KIM BERGET | 05 LESJA IL | 12.58,0 | 01.11,0 |
| 46 | 502 | CHRISTOFFER BERGENE | 03 HEMING IL | 12.58,0 | 01.11,0 |
| 46 | 551 | BØRGE NORDVOLD | 01 ASKIM IF | 12.58,0 | 01.11,0 |
| 50 | 530 | GEIR M. BJØRKKENG | 16 LETRADAL IL | 13.00,0 | 01.13,0 |
| 50 | 572 | ARNE SVEINHAUG | 04 BRØTTUM IL | 13.00,0 | 01.13,0 |
| 50 | 577 | HÅLGEIR BRÅTBERG | 05 REDALEN IL | 13.00,0 | 01.13,0 |
| 53 | 517 | STALE CHR. NULAND | 02 HASLUM IL | 13.01,0 | 01.14,0 |
| 56 | 478 | OLE PETTER STORSTAD | 16 VINNE SKILAG | 13.02,0 | 01.15,0 |
| 56 | 503 | SNORRE HAUGLAND | 15 IL SNØHETTA | 13.02,0 | 01.15,0 |

OKEDAL IL
RENNLEDER: BJØRN HUSDAL
LØYFESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
SPESIELT LANGRENN

KNYKEN SKISENTER
LØRDAG 11. MARS 1989
TD: PER NYMOEN

GUTTER 15 ÅR - 5 KM FRI

| PLASS NR. | NAVN | LAG | T I D | ETTER | |
|-----------|------|-----------------------|----------------------|---------|---------|
| 54 | 557 | PER HAKON LOMSDALEN | 06 KONNERUD IL | 13.02,0 | 01.15,0 |
| 54 | 558 | FONNY GUNNERØD | 07 USEBERG SKILAG | 13.02,0 | 01.15,0 |
| 58 | 480 | TORGETR STRØMSVIK | 15 JONSVATNET IL | 13.03,0 | 01.16,0 |
| 58 | 537 | RUNE HELLERUD | 06 ADAL IL | 13.03,0 | 01.16,0 |
| 60 | 506 | SVEIN ENGESETH | 03 HEMING IL | 13.04,0 | 01.19,0 |
| 60 | 510 | JØN KRISTIANSEN | 02 ASEN IL | 13.06,0 | 01.19,0 |
| 60 | 556 | OLE PETTER RØSTAD | 05 BØVERBRU IL | 13.06,0 | 01.19,0 |
| 60 | 564 | RUNE DÅHLØ | 15 BYAASEN SK | 13.06,0 | 01.19,0 |
| 60 | 576 | THOMAS MIKKELSEN | 02 STRØMMEN & LILLES | 13.06,0 | 01.19,0 |
| 65 | 461 | THOMAS NURBUH | 06 KONNERUD IL | 13.07,0 | 01.20,0 |
| 65 | 469 | ERIK BØRRUD | 04 MAGNOR UL | 13.07,0 | 01.20,0 |
| 65 | 491 | TOMMY BERKANI | 02 SKEDSMO SK | 13.07,0 | 01.20,0 |
| 65 | 514 | KENNETH DALENG | 13 SALANGEN IF | 13.07,0 | 01.20,0 |
| 65 | 579 | ØYVIN DÅHLE | 17 ASE IL | 13.07,0 | 01.20,0 |
| 70 | 462 | ETNAR SKJELLERUDSVEEN | 05 SØRE AL IL | 13.08,0 | 01.21,0 |
| 71 | 466 | PAL CHR. JOHNSEN | 03 KJELSAS IL | 13.09,0 | 01.22,0 |
| 71 | 484 | TOR IVAR KANDAL | 13 MARKANE IL | 13.09,0 | 01.22,0 |
| 71 | 515 | ESPIEN HENRIKSEN | 06 IL HOLEVÆRINGEN | 13.09,0 | 01.22,0 |
| 71 | 518 | JØNE TVEIT | 12 ØLEN IL | 13.09,0 | 01.22,0 |
| 71 | 528 | BERNT J. LJØRNSGAARD | 04 NERØSET IL | 13.09,0 | 01.22,0 |
| 76 | 494 | EGIL JOHANNESSEN | 08 HEDDAL IL | 13.10,0 | 01.23,0 |
| 76 | 516 | OLA HOVDENAK | 14 SKALA IL | 13.10,0 | 01.23,0 |
| 76 | 527 | JOAR HERRING | 17 MOSJØEN IL | 13.10,0 | 01.23,0 |
| 76 | 548 | HELGE STENVOLD | 18 IL PIONER | 13.10,0 | 01.23,0 |
| 80 | 486 | RØNNY GASTAD | 02 BÆRUMS VERK IF | 13.11,0 | 01.24,0 |
| 80 | 545 | KENNETH FLATMO | 08 KILEBYGDA IL | 13.11,0 | 01.24,0 |
| 82 | 526 | PER VIDAR ANDERSEN | 19 KAUTOKEINO IL | 13.12,0 | 01.25,0 |
| 82 | 531 | GUNNULV NORD | 03 B.U.L. | 13.12,0 | 01.25,0 |
| 82 | 581 | PAL JOHANNESSEN | 01 FREDRIKSTAD SK | 13.12,0 | 01.25,0 |
| 85 | 505 | LARS MARTIN KRÆMER | 07 OSEBERG SKILAG | 13.13,0 | 01.26,0 |
| 85 | 592 | JØRN LIMA | 11 GJESDAL IL | 13.13,0 | 01.26,0 |
| 87 | 561 | VIDAR JOHANSEN | 19 IL FORSØK | 13.14,0 | 01.27,0 |
| 88 | 482 | OLE JOHAN DYSTHE | 05 IL KOLBUKAMERATEN | 13.15,0 | 01.28,0 |
| 88 | 507 | NILS B. HUSBY | 16 IL STJØRDALS-BLIN | 13.15,0 | 01.28,0 |
| 91 | 532 | SVEIN E. HALVORSEN | 15 STØREN SP.KL. | 13.15,0 | 01.28,0 |
| 91 | 490 | JØRGEN SØRENSEN | 06 ASSIDEN IF | 13.16,0 | 01.29,0 |
| 92 | 522 | BJØRN HARALD RØYSETH | 13 SYRIL IL | 13.18,0 | 01.31,0 |
| 93 | 562 | ÅSBJØRN TVEITE | 12 IL ELGAR | 13.19,0 | 01.32,0 |
| 94 | 500 | TERJE EID | 15 IL LEIK | 13.20,0 | 01.33,0 |
| 94 | 570 | SVEIN O. HJELLØDEGARD | 05 DOMBAS IL | 13.20,0 | 01.33,0 |
| 96 | 460 | LARS P. BRENNHAUGEN | 05 DOMBAS IL | 13.22,0 | 01.35,0 |
| 96 | 464 | MARTIN BENTZEN | 06 KONNERUD IL | 13.22,0 | 01.35,0 |
| 96 | 535 | DIDRIK PAUS | 03 HEMING IL | 13.22,0 | 01.35,0 |
| 96 | 595 | JOHN A. SCHJETNE | 05 REDALEN IL | 13.22,0 | 01.35,0 |
| 100 | 508 | ROBERT MOEN | 14 RAUSAND IL | 13.24,0 | 01.37,0 |
| 100 | 563 | ØISTEIN ANDREASSEN | 03 HØYBRATEN & STOVN | 13.24,0 | 01.37,0 |
| 102 | 467 | OLA STENDRO | 15 IK RINDALS-TROLL | 13.25,0 | 01.38,0 |
| 102 | 568 | LEIF A. SEGARD | 05 N. SNERTINGDAL IL | 13.25,0 | 01.38,0 |
| 104 | 471 | ELLIF GRAN | 05 RAUFOSS IL | 13.26,0 | 01.39,0 |
| 105 | 588 | RICHARD LARSSON | 02 IL JARDAR | 13.27,0 | 01.40,0 |
| 106 | 578 | FREDRIK HORN ERIKSEN | 02 BÆRUMS SK | 13.28,0 | 01.41,0 |
| 107 | 547 | TOM RUNE TØRSTEINSON | 08 KJØSEN IL | 13.30,0 | 01.43,0 |
| 108 | 493 | PER OLAV TRETTERUD | 06 IL TORPO | 13.32,0 | 01.45,0 |
| 109 | 520 | KENNETH HANSEN | 18 SENJA SKILAG | 13.33,0 | 01.46,0 |
| 110 | 541 | KNUT HENRIK NILSEN | 04 MOELVEN IL | 13.34,0 | 01.47,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYPESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
SPESELT LANGRENN
GUTTER 15 ÅR - 5 KM FRI

KNYKEN SKISENTER
LØRDAG 11. MARS 1989
TD: PER NYMOEN

| PLASS | NR. | NAVN | LAG | T I D | ETTER |
|-------|-----|---------------------|---------------------|---------|---------|
| 111 | 521 | FREDDY MOLAND | 07 ANDEBU IL | 13.35,0 | 01.48,0 |
| 111 | 538 | BJØRNAR BREKKE | 04 VELDRE IL | 13.35,0 | 01.48,0 |
| 113 | 472 | JAN ATLE HØGBERG | 01 HALDEN SK | 13.37,0 | 01.50,0 |
| 113 | 499 | FREDRIK ARNSTAD | 03 KJELSAS IL | 13.37,0 | 01.50,0 |
| 115 | 550 | BARD WÄHLE | 12 VOSS IL | 13.42,0 | 01.55,0 |
| 116 | 536 | SVEIN MELHUS | 16 SPILLUM IL | 13.45,0 | 01.58,0 |
| 116 | 543 | TORSTEIN SVALENG | 17 MOSJØEN IL | 13.45,0 | 01.58,0 |
| 118 | 546 | INGE SÆTER | 14 ØVRE SURNADAL IL | 13.47,0 | 02.00,0 |
| 118 | 552 | RUNE MITTET | 14 MITTET IL | 13.47,0 | 02.00,0 |
| 120 | 574 | CHRISTIAN RAVNA | 12 VIKING T&IF | 13.49,0 | 02.02,0 |
| 120 | 584 | FRODE RASMUSSEN | 15 BUVIK IL | 13.49,0 | 02.02,0 |
| 122 | 553 | ULF ERIK STRAND | 04 KONGSVINGER IL | 13.50,0 | 02.03,0 |
| 122 | 569 | BENT BAKKE | 06 IL ROS | 13.50,0 | 02.03,0 |
| 122 | 591 | TROND HAGEN | 14 INNFIJORDEN IL | 13.50,0 | 02.03,0 |
| 125 | 566 | FRANK HAGEN | 10 MARNARDAL IL | 13.56,0 | 02.07,0 |
| 126 | 492 | DAG EIRIK GJERKEN | 07 OSEBERG SKILAG | 13.59,0 | 02.11,0 |
| 126 | 542 | RONNY JOHANSEN | 04 VÅALER IF | 13.59,0 | 02.11,0 |
| 126 | 571 | RUNE SOMA | 05 GRAN IL | 13.59,0 | 02.11,0 |
| 129 | 519 | RONNY ARUNDSEN | 19 KVALSUND IL | 14.00,0 | 02.13,0 |
| 130 | 596 | LARS EVEN MARKERUD | 04 ASMARKA IL | 14.09,0 | 02.22,0 |
| 131 | 481 | RUNE WILHELMSSEN | 02 IL JARDAR | 14.13,0 | 02.26,0 |
| 132 | 501 | JOHS. HENRIK MYRMEL | 13 GAULAR IL | 14.20,0 | 02.33,0 |
| 133 | 509 | TORODD JOSEFSEN | 18 FJELL SKILAG | 14.21,0 | 02.34,0 |
| 134 | 575 | KENNETH JOHANSEN | 19 VADSØ SK | 14.22,0 | 02.35,0 |
| 135 | 483 | ØYVIND SØRENSEN | 07 NANSET IF | 14.24,0 | 02.37,0 |
| 135 | 587 | ARNE TJØRHØM | 10 STRDAL SKILAG | 14.24,0 | 02.37,0 |
| 137 | 525 | JØRN HAUGEN | 09 GJERSTAD IL | 14.31,0 | 02.44,0 |
| 138 | 485 | RONNY INGEBRIGTSEN | 07 BØTNE SK | 14.40,0 | 02.53,0 |
| 139 | 593 | ØYVIND VÆTING | 09 BIRKENES IL | 14.49,0 | 03.02,0 |

X-SPORT RESULTATSYSTEM 090311 13:43.50

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYSESJEF: JOAR LIAN

HØVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| FLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|--|--|-----------|---------|
| 1 | 006 | AKERSHUS 1. LAG 1. HEGE VETHE 2. KRISTIN UNDHEIM 3. BENTE HALVORSEN 4. HEGE LUNDRING | 15.39,0 16.41,0 16.35,0 16.00,0 | 1:04.55,0 | 00.00,0 |
| 2 | 004 | OPPLAND 1. LAG 1. TRUDE BØRRESEN 2. BENTE GRYPHE 3. ANNE ØSTLI 4. ANITA OLSEN | 15.42,0 16.30,0 16.39,0 16.10,0 | 1:05.01,0 | 00.06,0 |
| 3 | 003 | SØR-TRØNDELAG 1. LAG 1. INGVILD SNØFUGL 2. ELISABETH ELVBÄKKEN 3. BIRGIT MØLMANN 4. EVA KJERSTADMO | 15.41,0 16.52,0 16.47,0 16.03,0 | 1:05.23,0 | 00.28,0 |
| 4 | 022 | OPPLAND 2. LAG 1. VALBORG MADSLIEN 2. ANETTE BUNDE 3. GUNHILD FLESVIK 4. BENTE ODLO | 15.59,0 16.10,0 17.03,0 16.39,0 | 1:05.51,0 | 00.56,0 |
| 5 | 005 | NORD-TRØNDELAG 1. LAG 1. GURI KNOTTEN 2. GRETE KVANNLI 3. ANN KRISTIN TANEM 4. HEIDI GUDDING | 15.25,0 16.36,0 17.12,0 17.04,0 | 1:06.17,0 | 01.22,0 |
| 6 | 001 | OSLO 1. LAG 1. MIRI JØRGENSEN 2. GUNHILD HOOT 3. CHRISTINA GJERDRUM 4. MONICA RAAEN IVERSEN | 15.36,0 17.06,0 17.33,0 16.06,0 | 1:06.21,0 | 01.26,0 |
| | 024 | AKERSHUS 2. LAG 1. HANNE LANGERUD 2. HANNE TRETTERUD 3. ULRIKKE ROALD 4. ANN KRISTIN MOE | 16.02,0 16.41,0 16.40,0 17.05,0 | 1:06.28,0 | 01.33,0 |
| 8 | 008 | FINNMARK 1. LAG 1. RANVEIG THOMASSEN 2. ANNKATHRIN THOMASSEN 3. TONJE SIMENSEN 4. JORID DEGERSTRØM | 15.37,0 17.19,0 17.28,0 16.22,0 | 1:06.46,0 | 01.51,0 |
| 9 | 021 | SØR-TRØNDELAG 2. LAG 1. JANNE SANDSTAD 2. HELENE FOSSUM 3. TOVE GRUT 4. BENTE SØRGAARD | 16.16,0 16.43,0 17.02,0 16.47,0 | 1:06.48,0 | 01.53,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYSESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---|--|-----------|---------|
| 10 | 018 | MØRE OG ROMSDAL 1. LAG 1. SIV VASSDAL 2. UNNI ØDEGÅRD 3. BENTE PLADSEN 4. NINA ELLINGSETER | 15.51,0 16.19,0 17.23,0 17.25,0 | 1:06.58,0 | 02.03,0 |
| 11 | 044 | OPPLAND 4. LAG 1. LENE KVERRAVIK 2. METTE ROGN 3. KRISTIN BÆVRE 4. TOVE SKARSHEIM | 15.57,0 17.27,0 16.58,0 16.59,0 | 1:07.21,0 | 02.26,0 |
| 12 | 012 | HEDMARK 1. LAG 1. ANNE METTE GRØTLI 2. RANDI SIVERTSVOLL 3. LIN IREN SÆTRE 4. TORIL SAGMOEN | 15.56,0 16.57,0 17.32,0 17.08,0 | 1:07.33,0 | 02.38,0 |
| 13 | 011 | NORDLAND 1. LAG 1. MARIT KRAKSTAD 2. HEGE E NILSSEN 3. KARIN ANTONSEN 4. LENA JOHANSEN | 15.44,0 17.38,0 17.07,0 17.07,0 | 1:07.36,0 | 02.41,0 |
| 14 | 035 | SØR-TRØNDELAG 3. LAG 1. MERETE RØDSJØ 2. GUNN SJØMO 3. LINE HØGLI 4. INGVILD BYE | 16.53,0 16.53,0 16.50,0 17.01,0 | 1:07.37,0 | 02.42,0 |
| 15 | 015 | SOGN OG FJORDANE 1. INGRID WALAKER 2. MARIANNE NES 3. HEID JUNE TORSNES 4. BERIT KOLLTVEIT | 15.48,0 17.16,0 17.31,0 17.06,0 | 1:07.41,0 | 02.46,0 |
| 16 | 046 | AKERSHUS 4. LAG 1. SIRI FJELDAL 2. JANICKE SMITH 3. MARIANNE BRUN 4. KATHRINE PAULSEN | 16.15,0 17.34,0 17.00,0 17.04,0 | 1:07.53,0 | 02.58,0 |
| 17 | 016 | TROMS 1. LAG 1. SIW HELEN HANSEN 2. KARI HANSEN 3. LINE BJØRKLUND 4. TRINE OLSBORG | 16.20,0 17.39,0 17.30,0 16.36,0 | 1:08.05,0 | 03.10,0 |
| 18 | 034 | OPPLAND 3. LAG 1. STINE VELTA 2. MONA STEINSLIEN 3. HEIDI FUGLEHAUG 4. KRISTIN H LAUGEN | 16.22,0 17.28,0 17.33,0 16.48,0 | 1:08.11,0 | 03.16,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYFESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---------------------------|-----------|-----------|---------|
| 19 | 050 | SØR-TRØNDELAGE 5. LAG | | 1:08.19,0 | 03.24,0 |
| | | 1. HILDE LANGAAS | 16.08,0 | | |
| | | 2. KARI ØVESEN | 16.58,0 | | |
| | | 3. HEGE GARBERG | 18.27,0 | | |
| | | 4. BRITT M STORSETH | 16.46,0 | | |
| 20 | 036 | BUSKERUD 3. LAG | | 1:08.21,0 | 03.26,0 |
| | | 1. TORUN TORSTEINSRUD | 16.40,0 | | |
| | | 2. HEGE UTENGEN | 17.18,0 | | |
| | | 3. UNNI STENVIK | 17.23,0 | | |
| | | 4. HILDE MYHR | 17.00,0 | | |
| 21 | 010 | BERGEN & HORDALAND 1. LAG | | 1:08.22,0 | 03.27,0 |
| | | 1. TINA BAY | 15.42,0 | | |
| | | 2. TRUDE VESTREIM | 17.25,0 | | |
| | | 3. ANNE KARIN RYKKJE | 17.43,0 | | |
| | | 4. VESLEMØY HAUSKEN | 17.32,0 | | |
| 22 | 033 | MØRE OG ROMSDAL 2. LAG | | 1:08.37,0 | 03.42,0 |
| | | 1. KIRSTI RØRHUS | 16.23,0 | | |
| | | 2. LINN MERETE ØVERLAND | 17.37,0 | | |
| | | 3. BERIT KRISTIN TENNØY | 17.18,0 | | |
| | | 4. JORID FOLLAND | 17.19,0 | | |
| 23 | 014 | AUST-AGDER 1. LAG | | 1:08.41,0 | 03.46,0 |
| | | 1. ANETTE JENSEN | 16.00,0 | | |
| | | 2. VIGDIS WATNE | 17.37,0 | | |
| | | 3. TURID HAGELIA | 17.28,0 | | |
| | | 4. ANNE SIRI ØMUNDSEN | 17.36,0 | | |
| 24 | 028 | NORDLAND 2. LAG | | 1:08.49,0 | 03.54,0 |
| | | 1. TRUDE AGHEIM | 16.01,0 | | |
| | | 2. HILDE ANDERSEN | 17.08,0 | | |
| | | 3. TONE RYSTAD | 17.45,0 | | |
| | | 4. KINE MYHRE | 17.55,0 | | |
| 25 | 055 | SØR-TRØNDELAGE 7. LAG | | 1:08.58,0 | 04.03,0 |
| | | 1. LISBETH BERDAL | 15.43,0 | | |
| | | 2. TONE MOLLAN | 17.37,0 | | |
| | | 3. LIV LEFSTAD | 17.13,0 | | |
| | | 4. ELIN SLETVOLD | 18.25,0 | | |
| 26 | 027 | HEDMARK 2. LAG | | 1:09.09,0 | 04.14,0 |
| | | 1. LIV BENTE LUNDBY | 15.49,0 | | |
| | | 2. ANNE GRV MESSELIEN | 17.09,0 | | |
| | | 3. SISSE HØIBY | 18.13,0 | | |
| | | 4. TURID WIJK | 17.58,0 | | |
| 27 | 037 | AKERSHUS 3. LAG | | 1:09.10,0 | 04.15,0 |
| | | 1. SIV KARLSEN | 16.50,0 | | |
| | | 2. TONJE STRØMDAL | 18.03,0 | | |
| | | 3. HEIDI ØVERGAARD | 17.36,0 | | |
| | | 4. CATHRINE ØLSBY | 16.41,0 | | |

ORKDAL IL
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LØYPESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|------------------------|-----------|-----------|---------|
| 28 | 029 | VESTFOLD 2. LAG | | 1:09.13,0 | 04.18,0 |
| | | 1. INGRID HAUKVIK | 15.40,0 | | |
| | | 2. MERETE WESETH | 17.28,0 | | |
| | | 3. ASTRID H ERIKSEN | 17.32,0 | | |
| | | 4. INGEBORG FREMSTAD | 18.33,0 | | |
| 29 | 007 | VESTFOLD 1. LAG | | 1:09.16,0 | 04.21,0 |
| | | 1. KANNA HILLESTAD | 16.39,0 | | |
| | | 2. MAY LISS BARNES | 17.51,0 | | |
| | | 3. IDA ØSTLIE | 17.55,0 | | |
| | | 4. STINE HELLERUD | 16.51,0 | | |
| 30 | 023 | NORD-TRØNDELAG 2. LAG | | 1:09.17,0 | 04.22,0 |
| | | 1. KRISTIN HOGSTAD | 16.14,0 | | |
| | | 2. HEGE DAHL | 17.43,0 | | |
| | | 3. TRUDE RØLI | 17.31,0 | | |
| | | 4. ANN KRISTIN TRØBAKK | 17.49,0 | | |
| 31 | 020 | BUSKERUD 2. LAG | | 1:09.27,0 | 04.32,0 |
| | | 1. GUNN HELEN SKARSTAD | 17.16,0 | | |
| | | 2. LINDA PRØIS | 17.30,0 | | |
| | | 3. GRETE BRENNHOVD | 17.32,0 | | |
| | | 4. FRIDA DALE | 17.09,0 | | |
| 32 | 051 | OPPLAND 5. LAG | | 1:09.35,0 | 04.40,0 |
| | | 1. NINA SKJELLERUD | 16.59,0 | | |
| | | 2. RAGNHILD VESTAD | 17.08,0 | | |
| | | 3. GURD WARDBERG | 17.12,0 | | |
| | | 4. JILL HARVIKEN | 18.16,0 | | |
| 33 | 059 | AUST-AGDER 2. LAG | | 1:09.37,0 | 04.42,0 |
| | | 1. SISSEL ESKELAND | 17.01,0 | | |
| | | 2. GUNN M ANDREASSEN | 17.31,0 | | |
| | | 3. TRUDE HARSTAD | 17.34,0 | | |
| | | 4. SYLVIA HAUGENES | 17.31,0 | | |
| 34 | 040 | NORD-TRØNDELAG 3. LAG | | 1:09.38,0 | 04.43,0 |
| | | 1. NINA BARSTAD | 16.45,0 | | |
| | | 2. ANN KARIN HØLÅS | 17.45,0 | | |
| | | 3. LINDA B DAHL | 17.44,0 | | |
| | | 4. BEATE HAAGENSEN | 17.24,0 | | |
| 35 | 026 | FINNMARK 2. LAG | | 1:09.51,0 | 04.56,0 |
| | | 1. MARIANNE HANSEN | 17.48,0 | | |
| | | 2. SIV ELIN LEINAN | 17.01,0 | | |
| | | 3. EDEL J SVENDSEN | 17.30,0 | | |
| | | 4. TINE DEGERSTRØM | 17.32,0 | | |
| 36 | 038 | OSLO 3. LAG | | 1:09.57,0 | 05.02,0 |
| | | 1. MONICA FLO | 17.01,0 | | |
| | | 2. METTE HAREIDE | 17.56,0 | | |
| | | 3. ELISABETH LUND | 17.30,0 | | |
| | | 4. TRINE HEMSTAD | 17.30,0 | | |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYPESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---|--|-----------|---------|
| 37 | 047 | BUSKERUD 4. LAG 1. GRO ANITA SØRENG 2. GUNVOR THORSET 3. LIVE BERG 4. HANNE OLSEN | 17.11,0 17.29,0 17.59,0 17.19,0 | 1:09.58,0 | 05.03,0 |
| 38 | 009 | ROGALAND 1. ASE IDLAND 2. LENE BREKKEN 3. LENE KARIN EGELAND 4. TONE MARIT OFTEDAL | 16.13,0 18.47,0 17.11,0 17.48,0 | 1:09.59,0 | 05.04,0 |
| 39 | 043 | SØR-TRØNDELAG 4. LAG 1. HILDE KARIN BELLSLI 2. RANDI NORMO LEER 3. HILDE JOHNSLI 4. HILDE GUSSØY | 17.36,0 17.37,0 17.15,0 17.36,0 | 1:10.04,0 | 05.09,0 |
| 40 | 025 | OSLO 2. LAG 1. ANN KRISTIN RIDENG 2. KATINKA STORM 3. LINE NESBAKKEN 4. JANNECKE BUGGE | 17.24,0 17.43,0 17.26,0 17.41,0 | 1:10.14,0 | 05.19,0 |
| 41 | 048 | NORD-TRØNDELAG 4. LAG 1. RANDI RAMDAL 2. TRINE THARALDSEN 3. LILLY A BRATAS 4. THERESE GUDDINGSMO | 17.05,0 17.23,0 18.21,0 17.27,0 | 1:10.16,0 | 05.21,0 |
| 42 | 054 | AKERSHUS 6. LAG 1. BENEDIKTE SAND 2. STINE S SKINNES 3. ANETTE BERGH 4. HEGE FREDRIKSEN | 16.36,0 17.29,0 18.19,0 17.53,0 | 1:10.17,0 | 05.22,0 |
| 43 | 053 | SØR-TRØNDELAG 6. LAG 1. ANITA ELVBAKKEN 2. ANN ELIN B DEN 3. CHRISTINA JOHANSEN 4. TORILL A HOEM | 17.12,0 17.52,0 18.24,0 17.06,0 | 1:10.34,0 | 05.39,0 |
| 44 | 039 | NORDLAND 3. LAG 1. HILDE OLSEN 2. KRISTIN ALVENES 3. KATRIN WASSBAKK 4. TRINE ALSOS | 17.50,0 16.51,0 18.38,0 17.27,0 | 1:10.46,0 | 05.51,0 |
| 45 | 056 | AKERSHUS 7. LAG 1. NINA SAND 2. INGVILD HERBERG 3. KJERSTI SØRENSEN 4. ELIN HILDE TRANE | 16.21,0 18.13,0 18.34,0 17.43,0 | 1:10.51,0 | 05.56,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYPERSEJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---------------------------|-----------|-----------|---------|
| 46 | 017 | VEST-ÅGDER | | 1:10.53,0 | 05.58,0 |
| | | 1. SOLVEIG M ANDERSEN | 17.20,0 | | |
| | | 2. ANNE MARIT STANDEREN | 17.11,0 | | |
| | | 3. MONICA KLUNGLAND | 17.58,0 | | |
| | | 4. ANITA BJERKE | 18.24,0 | | |
| 47 | 045 | OSLO 4. LAG | | 1:11.11,0 | 06.16,0 |
| | | 1. SIRI GOMNÆS | 17.07,0 | | |
| | | 2. HANNE SOLHEIM | 18.34,0 | | |
| | | 3. KARIANNE BIØRN-LIAN | 17.47,0 | | |
| | | 4. TRUDE BØE | 17.43,0 | | |
| 48 | 041 | HEDMARK 3. LAG | | 1:11.12,0 | 06.17,0 |
| | | 1. HEGE BUNES | 16.41,0 | | |
| | | 2. ASE SIVERTSVOLL | 17.22,0 | | |
| | | 3. ASTE KIRKBERG | 18.14,0 | | |
| | | 4. ASLAUG RANDEN | 18.55,0 | | |
| 49 | 052 | AKERSHUS 5. LAG | | 1:11.16,0 | 06.21,0 |
| | | 1. GURD TJELLE | 17.03,0 | | |
| | | 2. KARIN HARDEN | 18.47,0 | | |
| | | 3. HEGE ANESLAND | 17.15,0 | | |
| | | 4. HELEN RØSOK | 18.11,0 | | |
| 50 | 057 | AKERSHUS 8. LAG | | 1:11.31,0 | 06.36,0 |
| | | 1. BEATE JELSTAD | 17.27,0 | | |
| | | 2. BENTE HAGEN | 18.24,0 | | |
| | | 3. BENTE HAUGEN | 17.27,0 | | |
| | | 4. ELIN HAGEN | 18.13,0 | | |
| 51 | 030 | TELEMARK 2. LAG | | 1:12.05,0 | 07.10,0 |
| | | 1. ANITA SØRHEIM | 17.19,0 | | |
| | | 2. NINA L ERIKSEN | 18.25,0 | | |
| | | 3. ASE MAY GRAVE | 17.52,0 | | |
| | | 4. HILDE SANDBERG | 18.29,0 | | |
| 52 | 032 | TROMS 2. LAG | | 1:12.12,0 | 07.17,0 |
| | | 1. INGVILD NØRUM | 18.18,0 | | |
| | | 2. LONE LARSEN | 18.05,0 | | |
| | | 3. RAGNHILD EMBERLAND | 18.18,0 | | |
| | | 4. TRINE LAMO | 17.31,0 | | |
| 53 | 031 | BERGEN & HORDALAND 2. LAG | | 1:12.27,0 | 07.32,0 |
| | | 1. THERESE MELBO | 16.48,0 | | |
| | | 2. GUNN MARIT BERGSTRØM | 19.30,0 | | |
| | | 3. ASE KALDESTAD | 18.04,0 | | |
| | | 4. TORILL GJERSTAD | 18.05,0 | | |
| 54 | 058 | BUSKERUD 5. LAG | | 1:12.45,0 | 07.50,0 |
| | | 1. ANITA VATNEBRYN | 16.47,0 | | |
| | | 2. NINA GILHUS | 18.11,0 | | |
| | | 3. ELIN DYBENDAL | 18.52,0 | | |
| | | 4. MAI KRISTIN AUSTAD | 18.55,0 | | |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYFESJEF: JOAR LIAN

R E S U L T A T E R
HOVEDLANDSRENNET 1989
STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
SØNDAG 12. MARS 1989
TD: PER NYMOEN

JENTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|-------------------------|-----------|-----------|---------|
| 55 | 013 | TELEMARK 1. LAG | | 1:12.50,0 | 07.55,0 |
| | | 1. MONICA LINDSKOG | 17.20,0 | | |
| | | 2. KRISTIN OLSEN | 17.48,0 | | |
| | | 3. HEGE MELANDSMO | 18.54,0 | | |
| | | 4. TONJE EIE | 18.48,0 | | |
| 56 | 049 | HEDMARK 4. LAG | | 1:13.37,0 | 08.42,0 |
| | | 1. MARIANNE LØKKEBAKKEN | 18.13,0 | | |
| | | 2. NINA KROKEN | 18.32,0 | | |
| | | 3. LISBETH HOLTH | 19.01,0 | | |
| | | 4. ANNE GRØNVOLD | 17.51,0 | | |
| 57 | 019 | ØSTFOLD | | 1:14.05,0 | 09.10,0 |
| | | 1. HJØRDIS VAN NES | 18.18,0 | | |
| | | 2. GRY MOEN | 19.00,0 | | |
| | | 3. JEANETTE LØVLAND | 18.07,0 | | |
| | | 4. HEGE CLAUSSEN | 18.40,0 | | |
| 58 | 042 | TROMS 3. LAG | | 1:14.36,0 | 09.41,0 |
| | | 1. KRISTIN JOHNSEN | 17.41,0 | | |
| | | 2. KRISTIN BERGLUND | 19.16,0 | | |
| | | 3. JUNE SANDTORV | 18.57,0 | | |
| | | 4. ELISABETH KLAUSEN | 18.42,0 | | |
| DISK | 002 | BUSKERUD 1. LAG | | | |
| | | 1. BENTE GLADHUS | 16.46,0 | | |
| | | 2. LINDA STRØMSODD | 17.17,0 | | |
| | | 3. GUNN HEGE KJØLSTAD | 17.17,0 | | |
| | | 4. LINE STEEN | 16.44,0 | | |

11:37.10 59 Påmeldte, 59 Fullførte

X-SPORT RESULTATSYSTEM 890312

ORKDAL IL
 RENNLEDER: BJØRN HUSDAL
 LØYFESJEF: JOAR LIAN

RESULTATER
 HOVEDLANDSRENNET 1989
 STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
 SØNDAG 12. MARS 1989
 TD: PER NYMCN

GUTTER

| CLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|-------------------------|-----------|---------|---------|
| 1 | 010 | OSLO 1. LAG | | 56.40,0 | 00.00,0 |
| | | 1. CHRISTOFFER BERGENE | 13.53,0 | | |
| | | 2. DAG SVEGE | 14.16,0 | | |
| | | 3. REMI ANDERSEN | 14.16,0 | | |
| 2 | 006 | NORD-TRØNDELAG 1. LAG | | 57.00,0 | 00.20,0 |
| | | 1. KARL SKJELBRED | 13.22,0 | | |
| | | 2. ARILD O. SAGVOLD | 14.56,0 | | |
| | | 3. TOR A. BREVIK | 14.25,0 | | |
| 3 | 001 | OFPLAND 1. LAG | | 57.14,0 | 00.34,0 |
| | | 1. HÅVARD NYHAGEN | 13.41,0 | | |
| | | 2. BJØRN E. TOKERUD | 14.33,0 | | |
| | | 3. KJETIL BERNTSEN | 14.30,0 | | |
| 4 | 022 | NORD-TRØNDELAG 2. LAG | | 57.50,0 | 01.10,0 |
| | | 1. OLE P. STORSTAD | 14.11,0 | | |
| | | 2. NILS B. HUSBY | 14.33,0 | | |
| | | 3. STALE SVENSGARD | 14.32,0 | | |
| 5 | 002 | SØR-TRØNDELAG 1. LAG | | 57.56,0 | 01.16,0 |
| | | 1. FER BJARNE MOE | 14.09,0 | | |
| | | 2. TORGRIM DALSEGG | 15.00,0 | | |
| | | 3. EIRIK GRØSETH | 14.07,0 | | |
| 6 | 003 | BUSKERUD 1. LAG | | 57.59,0 | 01.19,0 |
| | | 1. OLE EINAR BJØRNDALEN | 13.35,0 | | |
| | | 2. IVAR TVEITEN | 14.40,0 | | |
| | | 3. STALE PEDERSEN | 15.08,0 | | |
| 7 | 026 | HEDMARK 2. LAG | | 58.15,0 | 01.35,0 |
| | | 1. KNUT HENRIK NILSEN | 14.22,0 | | |
| | | 2. OLE MORTEN MIKKELSEN | 14.53,0 | | |
| | | 3. BERNT BJØRNSGAARD | 14.36,0 | | |
| 8 | 027 | AKERSHUS 2. LAG | | 58.25,0 | 01.45,0 |
| | | 1. TOMMY BERKANI | 13.45,0 | | |
| | | 2. JON LERSTANG | 14.28,0 | | |
| | | 3. MARTIN HAG | 15.02,0 | | |
| 9 | 020 | OFPLAND 2. LAG | | 58.29,0 | 01.48,0 |
| | | 1. OLE JOHAN DYSTHE | 14.02,0 | | |
| | | 2. KIM F. BERGET | 14.59,0 | | |
| | | 3. HALLGEIR BRATBERG | 14.17,0 | | |
| | | 4. HÅVARD SVEEN | 15.14,0 | | |

ORKDAL IL
 RENNLEDER: BJØRN HUSDAL
 LØYFESJEF: JOAR LIAN

RESULTATER
 HOVEDLANDSRENNET 1989
 STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
 SØNDAG 12. MARS 1989
 TD: PER NYMCN

GUTTER

| CLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|------------------------|-----------|---------|---------|
| 10 | 004 | HEDMARK 1. LAG | | 58.30,0 | 01.50,0 |
| | | 1. TROND LILLEBEKK | 14.20,0 | | |
| | | 2. TRON RUSTADBAKKEN | 14.52,0 | | |
| | | 3. STEIN HAUGEN | 14.53,0 | | |
| 11 | 013 | FINNMARK 1. LAG | | 58.31,0 | 01.51,0 |
| | | 1. TOMAS JACOBSEN | 13.51,0 | | |
| | | 2. LASSE HANSEN | 15.01,0 | | |
| | | 3. OLE EINAR HETTA | 14.41,0 | | |
| 12 | 007 | AKERSHUS 1. LAG | | 58.33,0 | 01.53,0 |
| | | 1. ARILD ASKANTRUD | 14.26,0 | | |
| | | 2. KLAUS E. ØISETH | 15.02,0 | | |
| | | 3. ANDERS FOSS | 14.14,0 | | |
| 13 | 019 | ROGALAND | | 58.34,0 | 01.54,0 |
| | | 1. JØRN LIMA | 13.47,0 | | |
| | | 2. TORE TOLLEFSEN | 15.03,0 | | |
| | | 3. TORGEIR NEVLAND | 15.02,0 | | |
| 14 | 025 | BUSKERUD 2. LAG | | 58.59,0 | 02.19,0 |
| | | 1. FRODE STEEN | 14.17,0 | | |
| | | 2. FER HÅKON LOMSDALEN | 14.46,0 | | |
| | | 3. ESPEN HENRIKSEN | 14.59,0 | | |
| 15 | 015 | NORDLAND 1. LAG | | 59.02,0 | 02.22,0 |
| | | 1. GEIR RØRTVEIT | 14.30,0 | | |
| | | 2. HÅVARD SOLBAKKEN | 14.59,0 | | |
| | | 3. IVAR HANSEN | 15.04,0 | | |
| 16 | 017 | ØSTFOLD 1. LAG | | 59.16,0 | 02.36,0 |
| | | 1. BØRGE NORDVOLD | 14.16,0 | | |
| | | 2. RUNE BUER JOHANSEN | 14.49,0 | | |
| | | 3. SVEINUNG SOLBREKKE | 14.53,0 | | |
| 17 | 035 | BUSKERUD 3. LAG | | 59.17,0 | 02.37,0 |
| | | 1. RUNE HELLERUD | 14.10,0 | | |
| | | 2. HÅKON SKJØNEBERG | 15.23,0 | | |
| | | 3. SVEIN LIAVAG | 14.50,0 | | |
| 18 | 039 | AKERSHUS 3. LAG | | 59.21,0 | 02.41,0 |
| | | 1. RONNY BÅSTAD | 14.19,0 | | |
| | | 2. STALE NIELAND | 14.43,0 | | |
| | | 3. JON KRISTIANSEN | 15.07,0 | | |
| | | 4. ESPEN SCAVENIUS | 15.12,0 | | |

ORNDAL IL
 RENNLEDER: BJØRN HUSDAL
 LØYFESJEF: JOAR LIAN

R E S U L T A T E R
 HOVEDLANDSRENNET 1989
 STAFETT - 4X5 KM KLASSISK

KNYKEN SKISENTER
 SØNDAG 12. MARS 1989
 TD: PER NYMOEN

GUTTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---|--|-----------|---------|
| 19 | 044 | BUSKERUD 4. LAG 1. JØRGEN SØRENSEN 2. ANDERS NYPIEN HANSEN 3. THOMAS NORSDOM 4. HÅVARD SKARSTAD | 14.27,0 15.07,0 14.44,0 15.05,0 | 59.23,0 | 02.43,0 |
| 20 | 061 | AKERSHUS 7. LAG 1. RUNE NORDENGEN 2. RICHARD LARSSON 3. RUNE WILHELMSEN 4. ANDERS VOLL | 13.50,0 14.20,0 15.22,0 15.56,0 | 59.28,0 | 02.48,0 |
| 21 | 011 | TROMS 1. LAG 1. KENNETH DALENG 2. KENNETH HANSEN 3. HELGE STEINVOLD 4. LARS CATO REKSTAD | 14.38,0 15.21,0 14.35,0 14.55,0 | 59.29,0 | 02.49,0 |
| 21 | 023 | OSLO 2. LAG 1. SVEIN KR. ENGESET 2. MORTEN AASEBØ 3. TOM ERICHSEN 4. PAL CHR. JOHNSEN | 14.06,0 14.28,0 16.09,0 14.46,0 | 59.29,0 | 02.49,0 |
| 23 | 016 | SOGN OG FJORDANE 1. ARNSTEIN BERDAL 2. JAN ERIK GJERLAND 3. BJØRN HARALD RØYSETH 4. TOR IVAR KANDAL | 14.45,0 15.02,0 14.25,0 15.27,0 | 59.39,0 | 02.59,0 |
| 24 | 036 | SØR-TRØNDELAGE 3. LAG 1. TROND SANDVIK 2. TORGEIR STRØMSVIK 3. SNORRE HAUGLAND 4. VIDAR FINNLAND | 14.05,0 14.48,0 15.34,0 15.13,0 | 59.40,0 | 03.00,0 |
| 25 | 009 | BERGEN & HORDALAND 1. LAG 1. VINJAR DALSEID 2. JONE TVEIT 3. BARD WAHLE 4. TORKJEL VALLAND | 14.04,0 15.19,0 14.26,0 16.03,0 | 59.52,0 | 03.12,0 |
| 26 | 049 | AKERSHUS 4. LAG 1. THOMAS MIKKELSEN 2. EVEN AAMODT 3. FREDRIK HORN ERIKSEN 4. ANDERS BJØRKE | 14.18,0 15.08,0 15.20,0 15.21,0 | 1:00.07,0 | 03.27,0 |
| 27 | 040 | NORD-TRØNDELAGE 3. LAG 1. TORKIL BERG 2. KENNETH HAASENSEN 3. TOM E. RØSTAD 4. JENS P. ESTIL | 14.42,0 15.13,0 14.49,0 15.24,0 | 1:00.08,0 | 03.28,0 |

ORNDAL IL
 RENNLEDER: BJØRN HUSDAL
 LØYFESJEF: JOAR LIAN

R E S U L T A T E R
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KNYKEN SKISENTER
 SØNDAG 12. MARS 1989
 TD: PER NYMOEN

GUTTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---|--|-----------|---------|
| 28 | 012 | TELEMARK 1. KENNETH FLATMO 2. EGIL JOHANNESSEN 3. TOM-R. TORSTEINSSON 4. OLA PETTERSEN | 14.47,0 14.40,0 15.24,0 15.19,0 | 1:00.10,0 | 03.30,0 |
| 29 | 029 | TROMS 2. LAG 1. EIVIND MIKKELSEN 2. TORODD JOSEFSEN 3. PAL SEVERIN BATNES 4. DAG SÆTHER | 14.25,0 15.39,0 14.53,0 15.14,0 | 1:00.11,0 | 03.31,0 |
| 30 | 054 | AKERSHUS 5. LAG 1. KRISTIAN SOLBERG 2. KIM REPP 3. PAL A. FAGERNES 4. MICHAEL S. ZWARG | 14.31,0 15.32,0 15.16,0 15.00,0 | 1:00.19,0 | 03.39,0 |
| 31 | 057 | BUSKERUD 6. LAG 1. MARTIN BENTSEN 2. FRODE KOLLERUD 3. BENT BAKKE 4. PER OLAV TRETTERUD | 14.32,0 15.07,0 14.56,0 15.45,0 | 1:00.20,0 | 03.40,0 |
| 32 | 047 | NORDLAND 4. LAG 1. TORSTEIN SVALENG 2. IDAR HERRING 3. HANS E. LIE 4. JOHN STIAN KINNSAS | 14.43,0 14.39,0 15.25,0 15.34,0 | 1:00.21,0 | 03.41,0 |
| 33 | 051 | SØR-TRØNDELAGE 5. LAG 1. ROGER FOSSEN 2. SVEIN E. HALVORSEN 3. TERJE EID 4. OLA STENBRØ | 14.24,0 15.26,0 15.24,0 15.08,0 | 1:00.22,0 | 03.42,0 |
| 34 | 038 | NORDLAND 3. LAG 1. PER RØRVIK 2. RENART LUNGA 3. STIAN BAKKEMO 4. KOLBJØRN RABBEN | 13.54,0 15.43,0 15.19,0 15.27,0 | 1:00.23,0 | 03.43,0 |
| 35 | 030 | FINNMARK 2. LAG 1. PER VIDAR ANDERSEN 2. HALLGEIR HANSEN 3. TROND SOLSTAD 4. VIDAR JOHANSEN | 14.34,0 14.54,0 15.14,0 15.51,0 | 1:00.33,0 | 03.53,0 |
| 36 | 033 | OPPLAND 3. LAG 1. ROLF SØRENSEN 2. SVEIN HJELLØDEGARD 3. KJETIL FLATEN 4. JAN A. SCHJETNE | 15.04,0 15.07,0 15.41,0 14.43,0 | 1:00.35,0 | 03.55,0 |

ORKDAL IL
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LØYFESJEF: JOAR LIAN

R E S U L T A T E R
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KNYKEN SKISENTER
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GUTTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---|--|-----------|---------|
| 37 | 056 | SØR-TRØNDELAGE 6. LAG 1. ARNE WINSNES 2. TORE BJØRNSTAD 3. ERLEND OLSØ 4. MØRTE FJELLVIKAS | 15.20,0 15.32,0 14.44,0 15.04,0 | 1:00.40,0 | 04.00,0 |
| 38 | 034 | OSLO 3. LAG 1. GUNNULV NORD 2. ANDERS STORBRATEN 3. RUNE HOFE 4. BENJAMIN ULVERUD | 15.02,0 14.57,0 15.18,0 15.28,0 | 1:00.45,0 | 04.05,0 |
| 39 | 021 | VESTFOLD 2. LAG 1. PÅL ESPEN GRAN 2. ROY HOGSTAD 3. GJERMUND JØRGENSEN 4. FREDDY MOLAND | 14.23,0 15.38,0 15.03,0 15.42,0 | 1:00.46,0 | 04.06,0 |
| 40 | 041 | VESTFOLD 3. LAG 1. DAG EIRIK GJERKEN 2. LARS EIVIND KREKEN 3. ØYVIND SØRENSEN 4. RONNY INGEBRIGTSEN | 15.00,0 15.09,0 15.17,0 15.30,0 | 1:00.56,0 | 04.16,0 |
| 41 | 045 | SØR-TRØNDELAGE 4. LAG 1. GØRAN HOLTEN 2. FRODE KROG BERG 3. RUNE DAHLØ 4. FRODE SUNDAL | 14.44,0 15.09,0 15.04,0 16.05,0 | 1:01.02,0 | 04.22,0 |
| 42 | 048 | NORD-TRØNDELAGE 4. LAG 1. ERLEND SØRAKER 2. IVAR ØSTTUN 3. GEIR M. ØSTERAS 4. STEIN G. HALLEM | 14.55,0 14.56,0 15.41,0 15.31,0 | 1:01.03,0 | 04.23,0 |
| 43 | 028 | NORDLAND 2. LAG 1. ØYVIND DAHLE 2. ROBERT JAKØBSEN 3. VIDAR VALVIK 4. FREDDY OLSEN | 14.31,0 15.39,0 14.59,0 16.07,0 | 1:01.16,0 | 04.36,0 |
| 44 | 043 | OSLO 4. LAG 1. JON OLSEN 2. ØYSTEIN ANDREASSEN 3. DIDRIK FAUS 4. PÅL CHR. INGIERD | 15.03,0 15.24,0 15.24,0 15.29,0 | 1:01.20,0 | 04.40,0 |
| 45 | 055 | OPPLAND 6. LAG 1. MØRTE NERLI 2. GUDMUND LARSEN 3. HÅVARD BUNGUM 4. ARNE CHR. SOLBAKKEN | 14.34,0 15.01,0 15.32,0 16.10,0 | 1:01.23,0 | 04.43,0 |

ORKDAL IL
RENNLEDER: BJØRN HUSDAL
LØYFESJEF: JOAR LIAN

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KNYKEN SKISENTER
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GUTTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---|--|-----------|---------|
| 46 | 052 | BUSKERUD 5. LAG 1. HARALD ANDRE JORD 2. RUNE KOLLERUD 3. PER M. PLATON 4. HÅKON BERGE | 14.54,0 14.44,0 16.11,0 15.35,0 | 1:01.24,0 | 04.44,0 |
| 47 | 005 | VESTFOLD 1. LAG 1. LARS MARTIN KRANNER 2. STALE ØPSTAD 3. GJERMUND KNOTTEN 4. RONNY GUNNERØD | 14.15,0 16.03,0 16.00,0 15.09,0 | 1:01.27,0 | 04.47,0 |
| 48 | 058 | AKERSHUS 6. LAG 1. STEIN HALVØRSEN 2. RUNE LARSEN 3. TORGEIR JOHANNESSEN 4. OLE BJØRKMANN | 14.28,0 15.21,0 15.45,0 16.05,0 | 1:01.39,0 | 04.59,0 |
| 49 | 062 | BUSKERUD 7. LAG 1. RUNE HELGESTAD 2. KJETIL SKARSTAD 3. RUNAR HALVØRSEN 4. GEIR H. GARSTAD | 14.54,0 15.36,0 15.56,0 15.22,0 | 1:01.48,0 | 05.08,0 |
| 50 | 046 | HEDMARK 4. LAG 1. BJØRNAR BREKKE 2. ASGEIR HILMARSEN 3. ESPEN HAUGE 4. ULF ERIK STRAND | 15.01,0 15.53,0 15.21,0 15.35,0 | 1:01.50,0 | 05.10,0 |
| 51 | 042 | OPPLAND 4. LAG 1. OLE P. RØSTAD 2. EINAR SKJELLERUDSVEN 3. LARS P. BRENNHAUGEN 4. LEIF A. SEEGÅRD | 16.04,0 15.29,0 15.07,0 15.19,0 | 1:01.59,0 | 05.19,0 |
| 52 | 008 | VEST-AGDER 1. FRANK HAGEN 2. PER OLE PEDERSEN 3. ASGÅUT UNDHEIM 4. ATLE EGENES | 15.31,0 15.57,0 14.42,0 15.55,0 | 1:02.05,0 | 05.25,0 |
| 53 | 014 | MØRE OG ROMSDAL 1. ROGER SLETTAS 2. STEIN ARNE FOSS 3. LASSE TOMREN 4. ROBERT MOEN | 15.21,0 16.08,0 15.34,0 15.04,0 | 1:02.07,0 | 05.27,0 |
| 54 | 060 | SØR-TRØNDELAGE 7. LAG 1. ARNE TORVE 2. TOM R. YTTERAS 3. ASLAK ØVERLAND 4. FRODE RASMUSSEN | 14.57,0 16.21,0 15.46,0 15.22,0 | 1:02.26,0 | 05.46,0 |

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RENNLEDER: BJØRN HUSDAL
LØYSESJEF: JOAR LIAN

R E S U L T A T E R
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GUTTER

| PLASS | START | N A V N | ETAPPETID | T I D | ETTER |
|-------|-------|---------------------------|-----------|-----------|---------|
| 55 | 019 | AUST-AGDER | | | |
| | | 1. JAN OVE BARLAND | 14.56,0 | 1:02.32,0 | 05.52,0 |
| | | 2. ISAK SØRBØ | 15.26,0 | | |
| | | 3. JAN SVERRE AAMLID | 15.53,0 | | |
| | | 4. JØRN HALGEN | 16.17,0 | | |
| 56 | 031 | ØSTFOLD 2. LAG | | 1:02.49,0 | 06.09,0 |
| | | 1. PAL JOHANNESSEN | 15.12,0 | | |
| | | 2. JAHN-ATLE HØGBERG | 15.38,0 | | |
| | | 3. TROND HAUG | 15.14,0 | | |
| | | 4. TARJEI SANDNES | 16.45,0 | | |
| 57 | 032 | BERGEN & HORDALAND 2. LAG | | 1:02.50,0 | 06.10,0 |
| | | 1. CHRISTIAN RANMI | 14.29,0 | | |
| | | 2. VIDAR ISELTJØRN | 14.55,0 | | |
| | | 3. PER HARALD SKARO | 16.55,0 | | |
| | | 4. INGE LYDVO | 16.31,0 | | |
| 58 | 053 | HEDMARK 5. LAG | | 1:04.35,0 | 07.55,0 |
| | | 1. FRODE ØVERBY | 15.07,0 | | |
| | | 2. VERJØRN RUSTEN | 16.44,0 | | |
| | | 3. RONNY JOHANSEN | 16.38,0 | | |
| | | 4. LARS EVEN MARKERUD | 16.06,0 | | |
| 59 | 050 | OPPLAND 5. LAG | | 1:04.59,0 | 08.19,0 |
| | | 1. OLA SLETTEN | 16.37,0 | | |
| | | 2. LARS FURUSETH | 16.29,0 | | |
| | | 3. ODD E. ASHAUG | 15.57,0 | | |
| | | 4. EILEF GRAN | 15.56,0 | | |
| 60 | 059 | OPPLAND 7. LAG | | 1:06.49,0 | 10.09,0 |
| | | 1. RANDULF VALLE | 15.23,0 | | |
| | | 2. ØYVIND DEHLI | 16.36,0 | | |
| | | 3. LARS WESTHEIM | 17.16,0 | | |
| | | 4. LARS LILLEENGEN | 17.34,0 | | |
| DISK | 024 | SØR-TRØNDELAGE 2. LAG | | | |
| | | 1. JAN S. VERDENIUS | 14.40,0 | | |
| | | 2. SVEIN G. TJØNNDAL | 14.30,0 | | |
| | | 3. CHRISTIAN ØVERLI | 14.51,0 | | |
| | | 4. PER A. HOLTHE | 14.26,0 | | |
| BRUTT | 037 | HEDMARK 3. LAG | | | |
| | | 1. ARNE SVEINHAUG | 14.21,0 | | |
| | | 2. HÅKON WANG | 14.56,0 | | |
| | | 3. JACOB LUND | 16.01,0 | | |
| | | 4. ESPEN MICHAELSEN | | | |

13:25.43 62 Pamelte, 62 Fullførte

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