



## RESULTATER

- Kombinert, Gutter 14 år
- Kombinert, Gutter 15 år
- 5 km spes. langrenn, Jenter 14 år
- 5 km spes. langrenn, Jenter 15 år
- 5 km spes. langrenn, Gutter 14 år
- 5 km spes. langrenn, Gutter 15 år
- 4×5 km stafett, Jenter
- 4×5 km stafett, Gutter
- Spesielt hopp, Gutter 14 år
- Spesielt hopp, Gutter 15 år

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**NAMSOS SKISENTER**

2. - 4. mars 1990

R E S U L T A T E R  
Hovedlandsrenn 1990

Namsos IL  
Rennleder: Bjørn Prestvik  
Løypesjef: Ola Landsem

Jenter 14 år - 5 km.

Namsos skisenter  
Lørdag 3. mars 1990  
TD: Per Levaas

LØYPEVERDIER : Sammenlagt stigning 188 m  
Største høydeforskjell 43 m  
Største sammenh. stigning 26 m

*Per Levaas*

VERFORHOLD : Skyg, lette snøbyger.  
Stille  
Lufttemp. - 2

PLASS NR.	N A V N	L A G	T I D	ETTER
1	101 Jønsberg Sissel	15 Orkanger IF	18.06,0	00.00,0
2	109 Sand Christine L	05 Biri IL	18.28,0	00.22,0
3	035 Bævre Silje	05 ØTS	18.33,0	00.27,0
4	115 Gisvold Kristin	15 Byåsen IL	18.34,0	00.28,0
5	049 Håvi Anne	06 IL Holeværingen	18.41,0	00.35,0
6	097 Gjermundshaug Britt	04 Brumunddal IL	18.45,0	00.39,0
7	079 Marken Anne Kirsti	06 Eggedal IL	18.54,0	00.48,0
8	077 Stensbro Marte	15 IK Rindals-Trøll	18.59,0	00.53,0
9	033 Hovelsen Vera	02 IL Jardar	19.00,0	00.54,0
9	075 Kåsen Ingebjørg	02 IL Jutul	19.00,0	00.54,0
11	093 Kalseth Anja	18 Rotsundelv IL	19.04,0	00.58,0
12	054 Vestengen Mona	15 Viken IL	19.05,0	00.59,0
13	068 Markussen Kari	17 Ankenes Skikl.	19.13,0	01.07,0
14	041 Langslet Ingrid	08 Urædd	19.15,0	01.09,0
15	095 Viko Nina	06 Gol IL	19.16,0	01.10,0
16	094 Forbord Eva	15 Jonsvatnet IL	19.21,0	01.15,0
17	045 Raddum Nielsen Trude	05 ØTS	19.22,0	01.16,0
17	107 Bertelsen Line	18 Nordreisa IL	19.22,0	01.16,0
19	003 Marken Ingeborg Helen	06 Eggedal IL	19.23,0	01.17,0
19	006 Holand Silje	18 Skånland OIF	19.23,0	01.17,0
21	098 Gundersen Bente	16 Egge IL	19.24,0	01.18,0
22	030 Gjedrem Mona Elisabeth	14 Vallidal IL	19.25,0	01.19,0
23	099 As Rita Johansen	18 Josefvatn IL	19.27,0	01.21,0
23	114 Gausen Lena	02 Fet skikl.	19.27,0	01.21,0
25	063 Neråsen Inger	04 Asmarka IL	19.30,0	01.24,0
26	100 Hovdenakk Åslaug	14 Ørsta IL	19.31,0	01.25,0
27	027 Flesvik Sigrid	05 ØTS	19.34,0	01.28,0
28	004 Lyng Kristin	15 Kløbu IL	19.35,0	01.29,0
28	074 Dragset Anne Grete	15 IL Nor	19.35,0	01.29,0
28	090 Sveen Kari Anne	04 Brumunddal IL	19.35,0	01.29,0
31	005 Mjøen Caroline	02 Drøbak Frogn IL	19.38,0	01.32,0
32	062 Sundfer Nelly Anita	16 Egge IL	19.45,0	01.39,0
32	102 Bundli Ingunn	02 Eidsvold Værk ski	19.45,0	01.39,0
34	104 Hole Anne G	05 Tingelstad IF	19.46,0	01.40,0
35	012 Risvoll Cecilie	17 Fauske IL	19.50,0	01.44,0
35	037 Hansen Ingrid	15 Strindheim IL	19.50,0	01.44,0
35	072 Abrahamsen Tonje	19 Neiden IL	19.50,0	01.44,0
35	113 Knudsen Katrine	03 Hasle/Løren	19.50,0	01.44,0
39	032 Arntzen Anine	03 IL Heming	19.52,0	01.46,0
40	026 Hansen Lena	02 Lommedalen IL	19.54,0	01.48,0
40	091 Kjesbu Ingvild	16 Lånke IL	19.54,0	01.48,0
42	065 Hjellødegård May Christin	05 Dombås IL	19.57,0	01.51,0
43	059 Svegården Anne	05 Øyer IL	19.58,0	01.52,0
44	081 Tveita Vibeke	16 Vinne IL	20.00,0	01.54,0
44	082 Asmyhr Siri	06 Vestfossen IF	20.00,0	01.54,0
44	105 Svanberg Anita	06 IL Ros	20.00,0	01.54,0
47	016 Bakken Hilde	05 Ringebu IL	20.02,0	01.56,0
48	080 Slettbakk Ase	17 Mosjøen IL	20.03,0	01.57,0
49	057 Guldbrandsen Karianne	01 Greåker IF	20.07,0	02.01,0
50	010 Bøsdal Jarne	13 Lavikdal	20.08,0	02.02,0

PLASS NR.	N A V N	LAG	T I D	ETTER
50	028 Smørgrav Marit	06 Vestfossen IF	20.08,0	02.02,0
52	007 Aasebø Cathrine	03 IL Koll	20.10,0	02.04,0
52	044 Dalene Guro	01 Trøsken IL	20.10,0	02.04,0
52	088 Walle Iris	18 Medkila Skilag	20.10,0	02.04,0
55	066 Vårum Nina M	15 Stadsbygd IL	20.11,0	02.05,0
56	055 Bjerke May Britt	14 Vågstranda IL	20.12,0	02.06,0
56	060 Bratlie Lena	02 Skedsmo skikl.	20.12,0	02.06,0
56	120 Rian Mette	15 Stadsbygd IL	20.12,0	02.06,0
59	047 Tarigen Lene	08 Kragerø IF	20.13,0	02.07,0
60	043 Jensen Lill Wenke	18 IF Kilkameratene	20.15,0	02.09,0
61	087 Øverland Valborg	11 Sauda IL	20.16,0	02.10,0
62	048 Kvien Marianne	02 Fossum IF	20.17,0	02.11,0
63	103 Kihle Jannicke	06 Konnerud IL	20.18,0	02.12,0
64	076 Aasen Kjersti	08 Gjerpen IF	20.19,0	02.13,0
65	069 Skarateppen Linda	04 Brandval IL	20.20,0	02.14,0
66	031 Veisten Monica	06 Konnerud IL	20.22,0	02.16,0
66	111 Veisetaune May Grete	15 Jonsvatnet IL	20.22,0	02.16,0
68	001 Søråsen Anniken	03 Høybråten & Stovn	20.23,0	02.17,0
68	024 Isaksen Linda	05 Svea Skilag	20.23,0	02.17,0
70	023 Hovde Kari Ingeborg	08 Sauland IL	20.24,0	02.18,0
71	038 Storeng Mari	04 Tynset IL	20.25,0	02.19,0
71	039 Tormodsgård Elin	06 Al IL	20.25,0	02.19,0
73	056 Tøftum Randi	05 Raufoss IL	20.27,0	02.21,0
74	112 Lund Annette G	03 Røa IL	20.28,0	02.22,0
75	117 Sollid Guro	09 Vegårshei IL	20.32,0	02.26,0
76	011 Håkonsen Inger C	02 Rølingen skikl.	20.35,0	02.29,0
76	116 Røli Cecilie	16 Henning IL	20.35,0	02.29,0
78	078 Johansen Linda H	18 Tromsø Skiklubb	20.36,0	02.30,0
78	106 Haara Toril	12 Korlevoll IL	20.36,0	02.30,0
80	061 Bye Torill	15 IK Rindals-Troll	20.37,0	02.31,0
80	083 Bjerva Gunn Mariken	08 Sannidal IL	20.37,0	02.31,0
82	053 Hofseth Anne K	02 Ullensaker skikl.	20.38,0	02.32,0
83	015 Hansen Anita	18 Senja Skilag	20.40,0	02.34,0
83	046 Utsi Inger Elin	19 Kautokeino IL	20.40,0	02.34,0
85	089 Lund Ragnhild	19 Alta IF	20.42,0	02.36,0
86	034 Høgetveit Anne	08 Sauland IL	20.44,0	02.38,0
86	108 Haugen Ingeborg	15 IL Nor	20.44,0	02.38,0
88	070 Winnes Marianne	06 Drammens Ballkl.	20.45,0	02.39,0
89	018 Hætta Oddbjørg	19 Kautokeino IL	20.46,0	02.40,0
90	017 Sandal Tone	15 Byåsen IL	20.47,0	02.41,0
91	073 Titland Siri	12 Fana IL	20.49,0	02.43,0
92	119 Oftedal Ane	11 Ganddal IL	20.55,0	02.49,0
93	029 Stokke Therese	03 IL Koll	20.57,0	02.51,0
94	110 Borge Marita	17 Innstandens IL	20.59,0	02.53,0
95	040 Amot May Lise	05 Garmo IL	21.03,0	02.57,0
96	086 Kvam Hege C.	16 Inderøy IL	21.07,0	03.01,0
96	096 Teslo Anne	03 Kjelsås IL	21.07,0	03.01,0
98	084 Hodne Heidi	09 Otra IL	21.12,0	03.06,0
99	014 Nøvik Hanne	16 Inderøy IL	21.17,0	03.11,0
100	019 Hansen Monja	17 Fauske IL	21.21,0	03.15,0
101	020 Krogstad Mariann	15 IL Nor	21.23,0	03.17,0
102	009 Bjerke Gro Anita	06 Haugsbygd IF	21.27,0	03.21,0
103	022 Kvilhaug Line S	07 Bctne Skikl.	21.30,0	03.24,0
104	118 Gudim Anne-Berit	01 Askim IF	21.33,0	03.27,0
105	008 Hjelmeland Rarveig	12 Omvikedalen IL	21.49,0	03.43,0
106	036 Karlson Cecilie M	07 Kodal IL	21.50,0	03.44,0
107	067 Lægneid Anna Karina	12 Korlevoll IL	21.52,0	03.46,0
108	002 Steinsli Hilde	05 Øyer IL	21.57,0	03.51,0
109	121 Eines Lone	17 Åse IL	22.00,0	03.54,0
110	064 Aleksandersen Nina	19 Kautokeino IL	22.10,0	04.04,0
111	058 Feiring Olsen Stine	07 Hof IL	22.19,0	04.13,0
112	021 Eide Marit Dagny	14 Eidsdal IL	22.48,0	04.42,0
113	051 Bratabø Liv Magnhild	12 Jordal IL	23.02,0	04.56,0
114	052 Flatum Cecilia	17 IL Stålkameratene	23.04,0	04.58,0

PLASS NR.	N A V N	L A G	T I D	ETTER
115	013 Gløtberget Eli	03 Kjelsås IL	23.38,0	05.32,
116	025 Bjørseth Linda	15 Kløbu IL	24.01,0	05.55,
117	085 Fjeld Heidi	03 Linderud IL	26.04,0	07.58,
BRØT	042 Hølaas Barbro K.	16 Leksvik IL		

10:42.47 121 PÅMELDTE, 118 I MAL, 3 STARTET IKKE

X-SPORT RESULTATSYSTEM 900303

Namsos IL  
Rennleder: Bjørn Prestvik  
Løypesjef: Ola Landsem

RESULTATER  
Hovedlandsrenn 1990  
Jenter 15 år - 5 km.

Namsos skisenter  
Lørdag 3. mars 1990  
TD: Per Løvaas

LØYPEVERDIER : Sammenlagt stigning 188 m  
Største høydeforskjell 43 m  
Største sammenh. stigning 26 m

VERFORHOLD : Skya, lette snøbyger.  
Stille  
Lufttemp. - 2



PLASS NR.	N A V N	L A G	T I D	ETTER
1	262 Kjørstadmo Eva	15 Meldal IL	17.20,0	00.00,0
2	170 Børresen Trude	05 Raufoss IL	17.56,0	00.36,0
3	240 Ødegård Unni	14 M.O.I.	18.10,0	00.50,0
4	250 Vethe Hege	02 Heggedal IL	18.13,0	00.53,0
4	257 Kvannli Grete	16 Røyrvik IL	18.13,0	00.53,0
6	193 Linda Strømsodd	06 IL Holeværingen	18.16,0	00.56,0
7	265 Gjerdrum Christina	03 Kjelsås IL	18.18,0	00.58,0
8	148 Knotten Guri	16 Varden IL	18.19,0	00.59,0
8	159 Fossum Helene	15 Byåsen IL	18.19,0	00.59,0
10	157 Johansen Lena	17 Ankenes Skikl.	18.20,0	01.00,0
11	239 Antonsen Karin	17 Tverlandet IL	18.23,0	01.03,0
12	207 Sivertsvoll Randi	04 Tynset IL	18.25,0	01.05,0
13	233 Nilssen Hege E	17 Gruben IL	18.28,0	01.08,0
14	224 Wardberg Guro	05 Søre Al IL	18.32,0	01.12,0
15	264 Smith Jannicke	02 Bærum Ski kl.	18.37,0	01.17,0
16	177 Hellerud Stine	07 Botne Skikl.	18.38,0	01.18,0
17	153 Hagen Bente	02 Fossum IF	18.40,0	01.20,0
18	247 Haugo Borgild	12 Voss IL	18.41,0	01.21,0
19	248 Degerstrøm Tine	19 Kirkenes og Omeng	18.45,0	01.25,0
20	189 Kvervavik Lene	05 Søre Al IL	18.46,0	01.26,0
21	163 Ovesen Kari	15 Byåsen IL	18.47,0	01.27,0
22	167 Rideng Ann Kristin	03 Kjelsås IL	18.48,0	01.28,0
23	241 Myhr Hilde	06 IF Liv/Fossekalles	18.49,0	01.29,0
23	260 Hølsås Ann Karin	16 Leksvik IL	18.49,0	01.29,0
23	263 Brennhovd Grete	06 Hemsedal IL	18.49,0	01.29,0
26	185 Harstad Trude	09 Birkenes IL	18.51,0	01.31,0
27	255 Elvebakken Anita	15 Orkdal IL	18.53,0	01.33,0
28	162 Dahl Liv Bodil	16 Leksvik IL	18.54,0	01.34,0
29	192 Jelstad Beate	02 Fossum IF	18.55,0	01.35,0
30	258 Rørhus Kirsti	14 M.O.I.	18.57,0	01.37,0
31	169 Hagen Elin	02 Fossum IF	18.58,0	01.38,0
31	199 Neramo Randi Leer	15 Kattem IL	18.58,0	01.38,0
33	256 Hagelia Turid	09 Gjerstad IL	18.59,0	01.39,0
34	145 Benth Tone Beate	06 IF Liv/Fossekalles	19.00,0	01.40,0
34	201 Nøkleberg Kristin	05 ØTS	19.00,0	01.40,0
36	156 Tronstad Nina	16 Leksvik IL	19.03,0	01.43,0
36	176 Sand Nina	02 Ullensaker skikl.	19.03,0	01.43,0
36	181 Wiik Turid	04 Brumunddal IL	19.03,0	01.43,0
39	173 Vestreim Trude	12 Bulken IL	19.05,0	01.45,0
39	235 Bjørklund Line	18 IF Kilkameratene	19.05,0	01.45,0
41	151 Dale Frida	06 Il Bevern	19.07,0	01.47,0
42	149 Johansen Laila	05 Gausdal IL	19.09,0	01.49,0
42	269 Berglund Kristin	18 Silsand OIL	19.09,0	01.49,0
44	202 Bakken Rita	07 Nanset IF	19.10,0	01.50,0
44	212 Langaas Hilde	15 IL Fjellønnen	19.10,0	01.50,0
46	198 Skinnes Stine S	02 Haslum IL	19.12,0	01.52,0
46	249 Johnsen Kristin	18 Silsand OIL	19.12,0	01.52,0
46	261 Dahl Hege	16 Overhalla IL	19.12,0	01.52,0
49	206 Johansen Christina	15 Stadsbygd IL	19.13,0	01.53,0
49	242 Lund Elisabeth	03 Røa IL	19.13,0	01.53,0
51	245 Helgesen Trude	19 Alta IF	19.15,0	01.55,0
52	191 Østli Ida	07 Stokke IL	19.17,0	01.57,0
53	165 Thorsteinsrud Torunn	06 Fjellet IL	19.18,0	01.58,0

PLASS NR.	N A V N	L A G	T I D	ETTER
54	144 Blokhus Marit Johanne	15 Lenset IL	19.19,0	01.59,0
55	234 Santorv June	18 Sandtorg UIL	19.20,0	02.00,0
56	168 Jonsli Hilde	15 Stadsbygd IL	19.22,0	02.02,0
57	164 Sekse Torje	12 Korlevoll IL	19.23,0	02.03,0
57	194 Bredeli Ann Elin Øen	15 Katterem IL	19.23,0	02.03,0
57	272 Tennøy Berit Kristin	14 F.S.O.	19.23,0	02.03,0
60	204 Bergh Anette	02 Haslum IL	19.26,0	02.06,0
60	219 Kaldestad Ase Shirin	12 Voss IL	19.26,0	02.06,0
60	223 Røli Trude	16 Herming IL	19.26,0	02.06,0
63	187 Sjømo Gunn	15 IL Leik	19.28,0	02.08,0
63	231 Sjørgård Bente	15 Strindheim IL	19.28,0	02.08,0
63	244 Høgli Line	15 Tydal IL	19.28,0	02.08,0
66	175 Hodt Gunhild	03 Kjelsås IL	19.30,0	02.10,0
66	253 Harviken Jill	05 Gausdal IL	19.30,0	02.10,0
66	267 Aas Monica	15 Strindheim IL	19.30,0	02.10,0
69	215 Lauritsen Agnethe	06 IL Høleværingen	19.31,0	02.11,0
70	237 Rykkje Anne Karin	12 Voss IL	19.32,0	02.12,0
71	172 Bugge Jannecke	03 IL Heming	19.34,0	02.14,0
71	246 Rystad Tone	17 Grane IL	19.34,0	02.14,0
73	154 Grut Tove	15 IL Nor	19.35,0	02.15,0
74	146 Torsnes Heid June	13 Kyrkjebø	19.36,0	02.16,0
75	210 Pladsen Bente	14 M.O.I.	19.38,0	02.18,0
76	208 Emberland Ragnhild	18 Nordreisa IL	19.40,0	02.20,0
76	251 Tomter Henriette	01 Spydeberg IL	19.40,0	02.20,0
78	196 Haugenes Sylvia	09 Ø. Tromøy IL	19.43,0	02.23,0
79	155 Wilhelmson Kjersti	03 Hasle/Løren	19.44,0	02.24,0
79	195 Hørkøen Niina	19 IL Frea	19.44,0	02.24,0
81	186 Martinsen Ingvill	19 Øksfjord IL	19.45,0	02.25,0
82	216 Strøm Hege	17 Ankenes Skikl.	19.46,0	02.26,0
82	221 Lindskog Monica	08 IL Rein	19.46,0	02.26,0
84	266 Løkkebakken Marianne	04 Tynset IL	19.48,0	02.28,0
85	147 Nes Hjørdis van	01 Spydeberg IL	19.51,0	02.31,0
85	268 Eie Torje	08 Kjosens IL	19.51,0	02.31,0
87	171 Berg Live	06 Gol IL	19.53,0	02.33,0
87	270 Moen Gry	01 Spydeberg IL	19.53,0	02.33,0
89	150 Hareide Mette	03 Høybråten & Stavn	19.56,0	02.36,0
90	182 Skarstad Gunn Helen	06 IL Bevern	19.58,0	02.38,0
90	203 Møllerløkken Benedicte	05 Søre Al IL	19.58,0	02.38,0
92	243 Gornæs Siri	03 IL Heming	20.02,0	02.42,0
93	214 Dyve Mette Kristin	06 IF Liungen	20.03,0	02.43,0
94	225 Myhre Vibeke	05 IL Varde	20.04,0	02.44,0
95	222 Nes Marianne	13 Jotun	20.07,0	02.47,0
95	226 Johansen Cathinka	15 Katterem IL	20.07,0	02.47,0
95	254 Olausson Anette	19 Olderfjord IL	20.07,0	02.47,0
98	238 Moe Vibeke	15 Byåsen IL	20.08,0	02.48,0
99	178 Bakløkken Mona	05 IL Varde	20.09,0	02.49,0
100	228 Sandberg Hilde	08 Kragere IF	20.11,0	02.51,0
101	227 Thorseth Gunvor	06 Hemsedal IL	20.13,0	02.53,0
102	188 Amundsen Karin	01 Trøsken IL	20.16,0	02.56,0
103	213 Tørudbakken Agnete	04 Nes Sportsklubb	20.17,0	02.57,0
104	160 Klausen Elisabeth	18 Josefvatn IL	20.22,0	03.02,0
105	259 Lamo Trine	18 Medkila Skilag	20.31,0	03.11,0
106	179 Tharalsen Trine	16 Egge IL	20.32,0	03.12,0
107	161 Rognum Pia	17 IL Malm	20.34,0	03.14,0
108	271 Høksrud Gyri	08 Gulset IF	20.35,0	03.15,0
109	217 Eskeland Sissel	09 Gjerstad IL	20.36,0	03.16,0
110	180 Kolltveit Berit	13 Vik	20.38,0	03.18,0
111	232 Mølandsmo Høge	08 Heddal IL	20.41,0	03.21,0
111	273 Lilleengen Lise	05 IL Varde	20.41,0	03.21,0
113	158 Randen Aslaug	04 Follidal IF	20.44,0	03.24,0
113	183 Stangstuen Elin	05 Lensbygda Spkl.	20.44,0	03.24,0

PLASS NR.	N A V N	L A G	T I D	ETTER
115	200 HÅkull Lena	11 Sandnes IL	20.45,0	03.25,0
116	166 Nybak Berit	07 Andebu IL	20.46,0	03.26,0
117	209 Everrud Mona	05 Raufoss IL	20.52,0	03.32,0
118	220 Trætten Lene	18 Skervøy IK	21.03,0	03.43,0
119	205 Eide Borghild	14 Eidsdal IL	21.14,0	03.54,0
120	230 Hettle Vibeke	03 Linderud IL	21.28,0	04.08,0
121	190 Wassbakk Katrine	17 Bøssmo & Ytteren	21.34,0	04.14,0
122	229 Bråthen Therese	08 Sannidal IL	21.35,0	04.15,0
123	152 Hillestad Ingebjørg	11 Sauda IL	21.37,0	04.17,0
124	218 Huse Aina Elin	14 Liabygda IL	21.52,0	04.32,0
125	197 Ferstad Bjørnhild	15 Stadsbygd IL	21.58,0	04.38,0
126	174 Austad May Kristin	06 IF Liungen	22.00,0	04.40,0
127	236 Høyby Sissel	04 Kongsvinger IL	22.11,0	04.51,0
128	184 Alfheim Hanne Birgit	07 Andebu IL	22.27,0	05.07,0
129	211 Støle Inger	10 Giv-Akt	22.37,0	05.17,0
BRØT	143 Undheim Kristin	02 Rølingen skikl.		

11:46.33 131 PAMELDTE, 130 I MÅL, 1 STARTET IKKE

X-SPORT RESULTATSYSTEM 900303



SPAREBANKEN  
MIDT-NORGE

Namsos IL  
Rennleder: Bjørn Prestvik  
Løypesjef: Ola Landsem

RESULTATER  
Hovedlandsrenn 1990  
Gutter 14 år - 5 km.

Namsos skisenter  
Lørdag 3.mars 1990  
TD: Per Levaas

LØYPEVERDIER : Sammenlagt stigning 188 m  
Største høydeforskjell 43 m  
Største sammenh. stigning 26 m

*Per Levaas*

VÆRFORHOLD : Skya, lette snøbyger  
Stille  
Lufttemp. - 1

PLASS NR.	N A V N	L A G	T I D	ETTER
1	423 Rosendal Ole Marius	01 Trøgstad IL	15.44,0	00.00,0
2	312 Lunde Bendik	18 Tromsø Skiklubb	15.46,0	00.02,0
3	322 Berbu Andreas	15 Svorkmo/NOI	15.51,0	00.07,0
4	330 Nømerstad Thomas	04 Moelv IL	16.06,0	00.22,0
5	406 Pedersen Peder	19 IL Forsøk	16.07,0	00.23,0
6	331 Lervik Svein A	16 Follafoss IL	16.10,0	00.26,0
7	345 Bergli Kjetil	04 Moelv IL	16.17,0	00.33,0
8	377 Decker Morten	15 Byåsen IL	16.18,0	00.34,0
9	309 Stokke Lars	16 Egge IL	16.20,0	00.36,0
10	404 Sandnes Espen	06 Heradsbygd IL	16.22,0	00.38,0
11	354 Bjønviken Tore	02 Fossum IF	16.23,0	00.39,0
11	360 Sætheråsen Andre	04 Kongsvinger IL	16.23,0	00.39,0
13	339 Nøreng Trygve	02 Lørenskog IL	16.30,0	00.46,0
14	352 Vibekken Karl Fredrik	04 Kongsvinger IL	16.31,0	00.47,0
14	366 Aass Håvard	05 ØTS	16.31,0	00.47,0
16	334 Christiansen Pål Marius	06 IF Birkebeineren	16.32,0	00.48,0
17	302 Kollerøy Morten	03 Bækkelaget spkl.	16.34,0	00.50,0
17	328 Slettom Lars	15 Hasselvik IL	16.34,0	00.50,0
17	395 Rygg Ola	15 Byåsen IL	16.34,0	00.50,0
20	320 Heltne Jan Erik	14 Volda T.&IL	16.35,0	00.51,0
21	303 Bjølseth Christian	06 Konnerud IL	16.37,0	00.53,0
22	421 Kvernismyr Stian	07 Andebu IL	16.38,0	00.54,0
23	311 Pedersen Stian	14 Vågstranda IL	16.42,0	00.58,0
24	337 Gresseth Jens Petter	15 Byåsen IL	16.43,0	00.59,0
24	382 Kalvøy Øyvind	15 Byåsen IL	16.43,0	00.59,0
24	405 Grini Joar	04 Veldre IL	16.43,0	00.59,0
27	426 SimonsenErlend	15 IL Fjellønnen	16.44,0	01.00,0
28	425 Feet Ronny	13 Bjørn	16.46,0	01.02,0
29	375 Brobakken Atle	05 Redalen IL	16.48,0	01.04,0
30	305 Olsen Vegard	02 Fossum IF	16.52,0	01.08,0
30	392 Fjellstad Frode	05 Fåvang IL	16.52,0	01.08,0
32	419 Winsnes Jens	15 Byåsen IL	16.55,0	01.11,0
33	326 Grønli Tor H	05 Tingelstad IF	16.56,0	01.12,0
33	340 Olsen Thomas	04 Veldre IL	16.56,0	01.12,0
33	343 Lundring Thomas	02 Eidsvold Værk ski	16.56,0	01.12,0
36	355 Brunck Sindre	02 Bærum verk ir	16.57,0	01.13,0
37	317 Knutsen Morten	15 Røros IL	16.58,0	01.14,0
37	351 Vale Eivind	08 IL Rein	16.58,0	01.14,0
37	397 Walderhaug Ståle	16 Vinne IL	16.58,0	01.14,0
37	399 Aronsen Kristoffer	18 IF Kilkameratene	16.58,0	01.14,0
37	410 Ringheim Jon Olav	12 Voss IL	16.58,0	01.14,0
42	409 Mjøsund Asgeir	Spillum IL	16.59,0	01.15,0
43	407 Storås Simen	08 Stathelle IF	17.00,0	01.16,0
44	369 Ribesen Øyvind	12 Tyssedal IL	17.01,0	01.17,0
44	411 Hoffmann Morten Lund	19 Kirkenes og Omeng	17.01,0	01.17,0
46	374 Hynne Dagfinn	16 Egge IL	17.03,0	01.19,0
47	315 Moe Svein Odne	13 Hafslo	17.04,0	01.20,0
47	401 Asland Daniel	17 IL Stålkameratene	17.04,0	01.20,0



PLASS NR.	N A V N	L A G	T I D	ETTER
49	321 Kristiansen Frank Werner	04 Asmarka IL	17.08,0	01.24,0
49	348 Halvorsen Rasmus	15 Strindheim IL	17.08,0	01.24,0
49	412 Johansen Espen	17 Bossmo & Ytteren	17.08,0	01.24,0
52	383 Larsen Daniel	07 Nanset IF	17.11,0	01.27,0
53	373 Knabenes Oddvin	10 Knaben	17.13,0	01.29,0
54	301 Hoel John A	02 Aurskog/Finst.spk	17.14,0	01.30,0
54	367 Klemmetsen Ante	17 Mosjøen IL	17.14,0	01.30,0
54	380 Lysnes Vidar	07 Farrisbygda IL	17.14,0	01.30,0
54	385 Jørgensen Roar	17 Lekang Skilag	17.14,0	01.30,0
58	416 Stigre Pål M	02 Bærums verk IF	17.15,0	01.31,0
59	314 Fuglem Jan Ole	15 Tydal IL	17.16,0	01.32,0
60	379 Evju Morten	06 Konnerud IL	17.17,0	01.33,0
61	298 Tronstad Arild Martin	10 Vindbjart	17.18,0	01.34,0
61	371 Mosli Bård	18 Målselv IL	17.18,0	01.34,0
63	319 Røhrsveen Martin	04 Nes Sportsklubb	17.19,0	01.35,0
63	323 Sørum Asle	05 Biri IL	17.19,0	01.35,0
63	420 Grønli Anders	04 Aslia Skilag	17.19,0	01.35,0
66	304 Rinde Eivind Frode	08 IL Skade	17.20,0	01.36,0
66	358 Svendsberget Tommy	03 Stovnerkameratene	17.20,0	01.36,0
66	372 Engene Truls Kolsrud	06 IL Flåværingen	17.20,0	01.36,0
66	387 Hansen Torin Skage	03 Kjelsås IL	17.20,0	01.36,0
66	394 Olsen Erlend	03 Linderud IL	17.20,0	01.36,0
71	344 Eriksen Ole M	05 Raufoss IL	17.21,0	01.37,0
71	349 Nygård Pål	02 Eidsvold Værk ski	17.21,0	01.37,0
73	384 Ringen Geir I	16 Varden IL	17.23,0	01.39,0
74	365 Olsen Tor Ivar	06 Adal IL	17.25,0	01.41,0
75	324 Kristiansen Øistein	02 Nesodden IF	17.26,0	01.42,0
75	333 Tveitereid Håkon	03 Lyn	17.26,0	01.42,0
77	316 Mundersen Jon Vegard	08 Gulset IF	17.27,0	01.43,0
77	350 Moen Tom Erik	14 Måndalen IL	17.27,0	01.43,0
77	353 Tverrvåg Håkon	06 Sokna IF	17.27,0	01.43,0
77	396 Bere Gaute	18 IF Kilkameratene	17.27,0	01.43,0
81	376 Antonsen Rune	06 IL Skrim	17.29,0	01.45,0
81	390 Vist Brynjar	16 Inderøy IL	17.29,0	01.45,0
83	310 Johnsen Trond	19 Olderfjord IL	17.30,0	01.46,0
83	342 Thorsrud Runar	06 Geilo IL	17.30,0	01.46,0
83	363 Fuglem Christian	15 Selbu IL	17.30,0	01.46,0
83	381 Pedersen Bjørn Lyng	03 Bækkelaget spkl.	17.30,0	01.46,0
87	297 Skjølås Cato E	05 Raufoss IL	17.33,0	01.49,0
88	332 Levang Pål	11 Bjerkreim IL	17.37,0	01.53,0
88	359 Rystad Frode	17 Kjørstad IL	17.37,0	01.53,0
90	341 Bjørnådal Frode	17 Aga IL	17.38,0	01.54,0
90	398 Messel Bernt Olav	09 Hope IL	17.38,0	01.54,0
92	356 Kalheim Roy	11 Vindafjord IL	17.40,0	01.56,0
92	378 Gjerstad Tommy	17 Mosjøen IL	17.40,0	01.56,0
94	299 Fjeld Ketil	01 Ørje IL	17.41,0	01.57,0
94	362 Nilser Jørn Inge	08 Sannidal IL	17.41,0	01.57,0
96	370 Robstad Bjørn	09 Otra IL	17.43,0	01.59,0
97	300 Bjørgan Lars Håkon	15 Vinne IL	17.45,0	02.01,0
97	368 Lefsaker Morten	07 Oseberg Skl.	17.45,0	02.01,0
99	335 Nilser Kjell Ingebret	04 Moelv IL	17.46,0	02.02,0
99	364 Hildeng Andreas	03 Stovnerkameratene	17.46,0	02.02,0
99	388 Haugstad Erlend	10 Oddersjaa	17.46,0	02.02,0
102	346 Jakobsen Arnt	18 IL Santor	17.49,0	02.05,0
103	313 Jakobsen Roger	17 Narvik Skiklubb	17.50,0	02.06,0
103	336 Aasterud Atle	06 Amot IF	17.50,0	02.06,0
103	391 Djupvik Morten Aa.	13 Hyen	17.50,0	02.06,0
106	327 Strandli Erik	02 Rølingen skikl.	17.52,0	02.08,0
106	402 Linderud Espen	03 Korsvoll IL	17.52,0	02.08,0
108	307 Swahn Rune	03 Bækkelaget spkl.	17.56,0	02.12,0
109	386 Trøan Hans	05 Harestua IL	17.58,0	02.14,0
110	308 Øpstad Anders	IF Birkebeineren	17.59,0	02.15,0
110	361 Leivstad Frode	12 Tyssedal IL	17.59,0	02.15,0
112	408 Helle Harald	07 Oseberg Skl.	18.01,0	02.17,0
113	295 Holm Thomas	02 Oppegård IL	18.05,0	02.21,0
113	318 Thor Thorleif	06 Al IL	18.05,0	02.21,0

Namsos IL  
Rennleder: Bjørn Prestvik  
Løypesjef: Ola Landsem

RESULTATER  
Hovedlandsrenn 1990  
Gutter 14 år - 5 km.

Namsos skisenter  
Lørdag 3. mars 1990  
TD: Per Løvaas

PLASS NR.	N A V N	L A G	T I D	ETTEL
113	414 Nervik Erling	15 Ranheim SK.	18.05,0	02.21,
116	417 Huuse Anders R	02 Ullensaker skikl.	18.06,0	02.22,
117	400 Ananiassen Raymond	19 Vadse Skiklubb	18.07,0	02.23,
118	325 Hushovd Ronny	IL Imås	18.08,0	02.24,
118	329 Martinsen Jon H.	IF Birkebeineren	18.08,0	02.24,
120	306 Jensås Stig	15 Støren SP.KL.	18.12,0	02.28,
120	393 Holtet Henning	02 Hurdal IL	18.12,0	02.28,
122	422 Rasmussen Trond A.	17 Halsey IL	18.13,0	02.29,
123	296 Lundby Marius	04 Engerdal Sportskl	18.16,0	02.32,
123	389 Skaar Leif Arne	01 Trøsken IL	18.16,0	02.32,
123	403 Aasland Morten	01 Ørje IL	18.16,0	02.32,
126	357 Gaustad Jomar	15 IL Leik	18.23,0	02.39,
126	415 Moen Audun	13 Bjørn	18.23,0	02.39,
128	338 Blomkvist Lars Harald	19 IL Frea	18.37,0	02.53,
129	418 Berg Øyvind	01 Greåker IF	18.41,0	02.57,
130	424 Colbjørnsen Kjell A	07 Kodal IL	18.44,0	03.00,
131	413 Bogfjellmo Terje	16 Egge IL	18.46,0	03.02,
132	347 Johansen Tom Erik	07 IL Runar	18.55,0	03.11,

12:30.37 132 PAMELDTE, 132 I MAL

X-SPORT RESULTATSYSTEM 900303

Namsos IL  
Rennleder: Bjørn Prestvik  
Løypesjef: Ola Landsem

RESULTATER  
Hovedlandsrenn 1990

Namsos skisenter  
Lørdag 3.mars 199  
TD: Per Lovaas

LØYPEVERDIER : Sammenlagt stigning 188 m  
Største høydeforskjell 43 m  
Største sammenh. stigning 26 m

*Per Lovaas*

VERFORHOLD : Skya, lette snøbyger  
Stille  
Lufttemp. - 1

PLASS NR.	N A V N	L A G	T I D	ETTER
1	487 Lillebekk Trond	04 Magnor UL	15.33,0	00.00,0
2	522 Rustadbakken Tron	04 Brumunddal IL	15.35,0	00.02,0
3	527 Bjørnås Lars	16 Stj.-Blink	15.38,0	00.05,0
4	464 Tveiten Ivar	06 IL Skrim	15.45,0	00.12,0
5	459 Olsen Jon	03 Høybråten & Stovn	15.46,0	00.13,0
5	535 Holten Goran	15 Byåsen IL	15.46,0	00.13,0
7	449 Nyhagen Håvard	05 Ø.Slidre IL	15.48,0	00.15,0
7	558 Bjørndalen Ole Einar	06 Simonstranda IL	15.48,0	00.15,0
9	465 Rørvik Per	17 Narvik Skiklubb	15.49,0	00.16,0
10	505 Mikkelsen Ole Morten	04 Tynset IL	15.55,0	00.22,0
11	513 Michaelsen Espen	04 Hamar skiklubb	15.59,0	00.26,0
12	471 Barstad Håvard	02 Bærums verk IF	16.00,0	00.27,0
12	512 Valvik Vidar	17 IL SISØ	16.00,0	00.27,0
14	456 Myre Torleiv	08 Heddal IL	16.02,0	00.29,0
15	496 Flaten Kjetil	05 Tingelstad IF	16.05,0	00.32,0
15	507 Zwaig Michael	02 IF Frisk	16.05,0	00.32,0
17	495 Fagernes Pål Arne	02 Asker skikl.	16.06,0	00.33,0
17	540 Overland Erling	15 IL Fjellønnen	16.06,0	00.33,0
19	573 Sandvik Trond	15 Nidely IL	16.08,0	00.35,0
20	511 Storbråten Anders	03 Bakkelaget spkl.	16.10,0	00.37,0
20	533 Gran Pål Espen	07 Botne Skikl.	16.10,0	00.37,0
22	475 Borge Håkon	06 Geilo IL	16.11,0	00.38,0
23	491 Hennum Sverre	06 Lier IL	16.12,0	00.39,0
23	576 Opstad Ståle	07 Stokke IL	16.12,0	00.39,0
25	509 Hetland Tor Arne	11 Helleland IL	16.14,0	00.41,0
26	453 Hansen Anders Nupen	06 IF Eiker Kvikk	16.15,0	00.42,0
27	486 Kollerud Frode	06 Konnerud IL	16.16,0	00.43,0
27	547 Pedersen Frode	03 Vestli IL	16.16,0	00.43,0
29	543 Røstad Tom Erik	16 Leksvik IL	16.17,0	00.44,0
30	564 Dalseid Vinjar	12 Samnanger IL	16.18,0	00.45,0
31	548 Slettås Roger	14 Surnadal IL	16.19,0	00.46,0
31	569 Berdal Arnstein	13 Feios	16.19,0	00.46,0
33	460 Børseth Jens Kr.	16 Stj.-Blink	16.20,0	00.47,0
33	469 Sverdrup Vetle	02 Bærum Ski kl.	16.20,0	00.47,0
33	518 Kollerud Rune	06 Konnerud IL	16.20,0	00.47,0
33	549 Kringhaug Håvard	17 Valnesfjord IL	16.20,0	00.47,0
37	515 Pettensen Ola	08 IL Rein	16.21,0	00.48,0
38	501 Hay Martin	02 Bærum Ski kl.	16.22,0	00.49,0
38	565 Hansen Hallgeir	19 Båtsfjord IL	16.22,0	00.49,0
40	575 Overland Aslak	15 IL Fjellønnen	16.24,0	00.51,0
40	578 Bjørkman Ole	02 Drøbak Frogn IL	16.24,0	00.51,0
42	457 Onsum Bjørnar	04 Asmarka IL	16.25,0	00.52,0
42	544 Igeltjønn Vidar	12 Korlevoll IL	16.25,0	00.52,0
44	461 Randal Rune	16 Leksvik IL	16.26,0	00.53,0
45	534 Ulverud Benjamin	03 Kjelsås IL	16.27,0	00.54,0
46	448 Wang Håkon	04 Skarnes	16.28,0	00.55,0
46	554 Kroken Øystein	17 Narvik Skiklubb	16.28,0	00.55,0
46	557 Skallerud Øyvind	01 Askim IF	16.28,0	00.55,0
49	458 Solvik Håkon	15 IK Rindals-Troll	16.30,0	00.57,0

PLUSS NR.	N H V N	L H B	T I D	ETTER
50	451 Haug Trond	01 Askim IF	16.34,0	01.01,0
50	508 Willassen Steinar	06 Konnerud IL	16.34,0	01.01,0
52	473 Nevland Torgeir	11 Gjesdal IL	16.36,0	01.03,0
53	488 Scavenius Espen	02 Gjerdrum IL	16.38,0	01.05,0
53	539 Aksberg Kjetil	18 IF Kilkameratene	16.38,0	01.05,0
55	481 Skjønberg Håkon	06 IF Birkebeineren	16.40,0	01.07,0
55	489 Tjønndal Svein Gunnar	15 Heimdal IF	16.40,0	01.07,0
55	538 Jakobsen Robin	17 Stokmarknes IL	16.40,0	01.07,0
58	516 Fossen Roger	15 Jonsvatnet IL	16.41,0	01.08,0
58	521 Kreken Lars Eivind	07 Botne Skikl.	16.41,0	01.08,0
60	579 Pedersen Håvard	12 Ternen IL	16.44,0	01.11,0
61	455 Edvardsen Jonny	17 Svalver Skiklubb	16.45,0	01.12,0
62	517 Hope Rune	03 Bækkelaget spkl.	16.46,0	01.13,0
62	551 Aamlid Jan Sverre	09 Gjerstad IL	16.46,0	01.13,0
62	563 Berg Torkil	16 Leksvik IL	16.46,0	01.13,0
65	502 Turøy Jan Rune	13 Markane	16.47,0	01.14,0
65	532 Haug Trond Espen	06 IL Skrim	16.47,0	01.14,0
67	485 Ingjerd Pål Christian	03 Bækkelaget spkl.	16.48,0	01.15,0
67	497 Innsetset Jan Erlend	14 Volda T.&IL	16.48,0	01.15,0
69	526 Aasen Geir Ludvig	10 Øvrebo	16.49,0	01.16,0
70	499 Janshaug Rune	07 Høyjord IL	16.50,0	01.17,0
70	546 Østby Anders	02 Gjelleråsen IF	16.50,0	01.17,0
70	572 Smaadahl Trygve	01 Trogstad IL	16.50,0	01.17,0
73	537 Estil Jens Petter	16 Sørli IL	16.51,0	01.18,0
73	542 Ellingsen Jo	03 Korsvoll IL	16.51,0	01.18,0
73	545 Furuseth Lars	05 IL Varde	16.51,0	01.18,0
76	447 Larsen Rune	02 Gjerdrum IL	16.52,0	01.19,0
76	482 Dammen Geir Ronny	04 Kjellmyra IL	16.52,0	01.19,0
78	474 Øverby Frode	04 Hernes IL	16.53,0	01.20,0
78	476 Gullaksen Jarle	02 Rølingen skikl.	16.53,0	01.20,0
78	552 Båtnes Pål Severin	18 Tromsø Skiklubb	16.53,0	01.20,0
81	494 Liavåg Svein	06 IF Birkebeineren	16.56,0	01.23,0
81	519 Valle Randulf	05 IL Vestringer	16.56,0	01.23,0
81	550 Søraker Erlend	16 Steinkjer Skik.	16.56,0	01.23,0
81	570 Pettersen Kjetil	02 Eidsvold Værk ski	16.56,0	01.23,0
85	470 Dahl Hans Chr.	06 Glassverket IF	16.58,0	01.25,0
85	567 Engtrø Frode	15 Byneset IL	16.58,0	01.25,0
87	553 Bonga Mikkel Per	19 Kautokeino IL	16.59,0	01.26,0
88	490 Nylund Patrik	18 Grovfjord IL	17.00,0	01.27,0
89	536 Jørgensen Gjermund	07 Oseberg Skl.	17.02,0	01.29,0
90	483 Solbakken Arne Chr	05 Sør-Fron IL	17.03,0	01.30,0
91	524 Lunga Rennart	17 Åse IL	17.04,0	01.31,0
91	525 Helgestad Rune	06 Ål IL	17.04,0	01.31,0
93	477 Barland Jan Ove	09 Gjerstad IL	17.05,0	01.32,0
93	566 Kristensen Tony A.	17 Rognan IL	17.05,0	01.32,0
95	561 Stangeby Thomas	08 Stathelle IF	17.06,0	01.33,0
96	580 Sørli Svein Roger	04 Tynset IL	17.07,0	01.34,0
97	452 Nergård Morten	15 IK Rindals-Troll	17.08,0	01.35,0
97	541 Pedersen Per Ole	10 Oddersjaa	17.08,0	01.35,0
99	510 Fjellvikås Morten	15 IL-Fjellønnen	17.09,0	01.36,0
100	523 Oppstad Birger	09 Idun IL	17.11,0	01.38,0
101	463 Hoel Trond Are	14 M.O.I.	17.12,0	01.39,0
101	498 Sæther Dag	18 Øvre Salangen IL	17.12,0	01.39,0
103	506 Sundseth Morten	15 Klæbu IL	17.13,0	01.40,0
103	562 Karlisen Bjørnar B	07 Kodal IL	17.13,0	01.40,0
105	530 Bråten Anders	03 IL Heming	17.16,0	01.43,0
105	560 Mikkelsen Eivind	18 Skånland OIF	17.16,0	01.43,0
107	462 Hansen Kenneth G	03 Høybråten & Stavn	17.17,0	01.44,0
108	484 Tollefsen Tore	11 Helleland IL	17.18,0	01.45,0
108	503 Aas Jens Petter	08 Gulset IF	17.18,0	01.45,0
110	454 Vatna Per Christian	02 Holmen IF	17.19,0	01.46,0
110	467 Gjerland Jan Erik	13 Førde	17.19,0	01.46,0
110	480 Sandnes Tarjei	01 Trøsken IL	17.19,0	01.46,0
113	520 Viken Sverrr Ingar	16 Hållingen IL	17.20,0	01.47,0
114	466 Olse Erlend	15 Svorkmo/NOI	17.23,0	01.50,0

KLASS NR.	N A V N	L A G	T I D	ETTER
115	528 Bungum Håvard	05 Søre A1 IL	17.24,0	01.51,0
116	577 Hansen Hans Jørgen	17 Lekang Skilag	17.28,0	01.55,0
117	531 Sørensen Rolf	05 Harestua IL	17.30,0	01.57,0
118	468 Heistad Stein Ove	08 Sannidal IL	17.32,0	01.59,0
119	478 Aashaug Odd E	05 Vind IL	17.33,0	02.00,0
120	479 Njå Ståle	02 Holmen IF	17.35,0	02.02,0
120	555 Ejerkan Lars	15 Byaasen Skikl	17.35,0	02.02,0
122	514 Vatne Kjetil	11 Sauda IL	17.36,0	02.03,0
123	529 Torve Arne	15 IL Snøhetta	17.38,0	02.05,0
124	571 Werner Carsten	07 Nanset IF	17.44,0	02.11,0
125	500 Gløtheim Trond Morten	15 Viken IL	17.52,0	02.19,0
126	450 Manneråk Dag	10 Knaben	17.54,0	02.21,0
127	556 Uglebakken Knut	19 Rafsbotn IL	17.59,0	02.26,0
128	559 Hagen Vidar	04 Vaaler IF	18.12,0	02.39,0
129	472 Rørvik Robert	13 Førde	18.30,0	02.57,0
130	504 Abrahamsen Pål Oskar	19 Neiden IL	18.37,0	03.04,0
31	574 Johansen Vegard	19 Hammerfest Skiklu	18.40,0	03.07,0
RØT	492 Lund Jacob	04 Vang Skiløperforening		
RØT	493 Wangberg Einar	16 Skatval Skilag		
RØT	568 Solbrække Sveinung	01 Ørje IL		

2:21.55 134 PAMELDTE, 134 I MAL

-SPORT RESULTATSYSTEM 900303

Namsos IL  
Rennleder: Bjørn Prestvik  
Løypesjef: Ola Landsem

RESULTATER M L  
HOVEDLANDSRENN 1990

Jenter stafett 4x5 km

*Jan Erik Grut*  
Namsos skisenter  
Søndag 4. mars 1990  
TD: Jan Erik Grut

PLASS NR.	NAVN	LAG	TID	ETTER
1	003 Sør-Trøndelag 1. lag JØNSBERG SISSEL FOSSUM HELENE GISVOLD KRISTIN KJERSTADMO EVA	Sør-Trøndelag 17.19,0 16.43,0 15.19,0 14.48,0	1:04.09,0	00.00,0
2	004 Nord-Trøndelag 1. lag KVANNLI GRETE DAHL LIV BODIL HØLAS ANN KARIN KNOTTEN GURI	Nord-Trøndelag 17.07,0 16.51,0 16.20,0 15.28,0	1:05.46,0	01.37,0
3	007 Møre og Romsdal 1. lag RØRHUS KIRSTI ØDEGARD UNNI PLADSEN BENTE GJEDREM MONA ELISAB.	Møre og Romsdal 17.40,0 16.22,0 16.16,0 15.53,0	1:06.11,0	02.02,0
4	012 Buskerud 1. lag STRØMSOD LINDA BRENNHOVD GRETE BENTH TONE BEATE HÅVI ANNE	Buskerud 17.08,0 16.51,0 16.14,0 15.58,0	1:06.11,0	02.02,0
5	021 Sør-Trøndelag 2. lag OVESEN KARI STENBRO MARTE ELVEBAKKEN ANITA NERMO LEER.RANDI	Sør-Trøndelag 17.50,0 16.24,0 16.09,0 16.32,0	1:06.55,0	02.46,0
6	008 Hedmark 1. lag GJERMUNDSHAUG BRITT SIVERTSVOLL RANDI WIJK TURID STORENG MARI	Hedmark 17.41,0 16.31,0 16.33,0 16.35,0	1:07.20,0	03.11,0
7	009 Nordland 1. lag NILSEN HEGE E. MARKUSSEN KARI JOHANSEN LENA ANTONSEN KARIN	Nordland 17.13,0 17.26,0 16.07,0 17.05,0	1:07.51,0	03.42,0
8	002 Oppland 1. lag SAND CHRISTINE LOISE WARDBERG GURD BÆVRE SILJE BØRRESEN TRUDE	Oppland 17.39,0 17.14,0 16.54,0 16.12,0	1:07.59,0	03.50,0
9	023 Sør-Trøndelag 3. lag VESTENGEN MONA JOHANSEN CHRISTINA LANGAAS HILDE GRUT TOVE	Sør-Trøndelag 17.46,0 17.29,0 16.59,0 15.58,0	1:08.12,0	04.03,0

KLASS NR.	NAVN	LAG	TID	ETTER
10	019	Oppland 2. lag KVERNAVIK LENE NØKLEBERG KRISTIN NILSEN TRUDE RADDUM HJELLØDEGÅRD MAY CHR	Oppland 18.14,0 17.21,0 16.22,0 16.16,0	1:08.13,0 04.04,0
11	020	Akershus 2. lag KASEN INGEBJØRG GAUSEN LENE HANSEN LENE BUNDLI INGUND	Akershus 17.45,0 17.26,0 16.52,0 16.25,0	1:08.28,0 04.19,0
12	017	Telemark 1. lag LINDSKOG MONICA LANGSLETT INGRID HOVDE KARI INGEBORG TANGEN LENE	Telemark 18.05,0 17.05,0 17.05,0 16.21,0	1:08.36,0 04.27,0
13	005	Oslo 1. lag HODT GUNHILD RIDENG ANN KRISTIN BUGGE JANNECKE GJERDRUM CHRISTINA	Oslo 18.03,0 17.34,0 16.32,0 16.33,0	1:08.42,0 04.33,0
14	033	Nord-Trøndelag 2. lag DAHL HEGE TRONSTAD NINA GUNDERSEN BENTE RØLI TRUDE .	Nord-Trøndelag 18.22,0 17.29,0 16.57,0 16.02,0	1:08.50,0 04.41,0
15	034	Buskerud 2. lag VIKO NINA DALE FRIDA MYHR HILDE MARKEN ANNE KRISTI	Buskerud 17.58,0 17.40,0 16.53,0 16.29,0	1:09.00,0 04.51,0
16	011	Troms 1. lag BJØRKELUND LINE A. JOHNSEN KRISTIN BERGLUND KRISTIN KALSETH ANJA	Troms 17.56,0 17.34,0 16.52,0 16.41,0	1:09.03,0 04.54,0
17	013	Bergen & Hordaland 1. lag HAUGO BORGHILD SEKSE TONJE KALDESTAD ASE SHIRIN VESTRHEIM TRUDE	Bergen og Hordaland 17.55,0 17.36,0 16.52,0 16.50,0	1:09.13,0 05.04,0
18	006	Finnmark 1. lag DEGERSTRØM TINE HØRKØNEN NIINA ABRAHAMSEN TONJE HELGESEN TRUDE	Finnmark 17.28,0 17.50,0 16.53,0 17.04,0	1:09.15,0 05.06,0

KLASS NR.	NAVN	LAG	TID	ETTER
19	030 Hedmark 2. lag LØKKEBAKKEN MARIANNE SVEEN KARI ANNE SKARATEPPEN LINDA NERAASEN INGER	Hedmark 18.02,0 17.53,0 16.51,0 16.38,0	1:09.24,0	05.15,0
20	040 Sør-Trøndelag 6. lag LYNG KRISTIN HANSEN INGRID DRAGSET ANNE GRETE JOHANSEN CATINKA	Sør-Trøndelag 18.10,0 17.52,0 16.28,0 17.14,0	1:09.44,0	05.35,0
21	001 Akershus 1. lag VETHE HEGE SMITH JANICKE JELSTAD BEATHE SAND NINA	Akershus 17.38,0 17.30,0 17.19,0 17.18,0	1:09.45,0	05.36,0
22	026 Sør-Trøndelag 4. lag BLOKHUS MARIT J. FORBORD EVA JONSLI HILDE BREDELI ØEN ANN ELIN	Sør-Trøndelag 19.01,0 17.38,0 16.31,0 16.35,0	1:09.45,0	05.36,0
23	036 Nord-Trøndelag 3. lag KJESBU INGVILD SUNDFÆR NELLY TVEITA VIBEKE RØLI CECILIE	Nord-Trøndelag 18.11,0 17.46,0 16.50,0 17.15,0	1:10.02,0	05.53,0
24	015 Vestfold 1. lag BAKKEN RITA NYBAK BERIT ØSTLI IDA HELLERUD STINE	Vestfold 18.08,0 18.28,0 16.59,0 16.34,0	1:10.09,0	06.00,0
25	029 Sør-Trøndelag 5. lag HØGLI LINE SØRGARD BENTE AAS MONICA SJØMO GUNN	Sør-Trøndelag 17.16,0 17.43,0 17.50,0 17.20,0	1:10.09,0	06.00,0
26	047 Troms 2. lag BERTELSEN LINE HOLAND SILJE SANDTORV JUNE AAS RITA JOHANSEN	Troms 18.21,0 17.32,0 16.42,0 17.36,0	1:10.11,0	06.02,0
27	014 Austagder HAGELIA TURID SOLLID GURD HAUGENES SYLVIA HARSTAD TRUDE	Austagder 17.52,0 18.33,0 17.57,0 15.49,0	1:10.11,0	06.02,0



PLASS NR.	NAVN	LAG	TID	ETTER
28	039 Buskerud 3. lag MARKEN INGEBORG H. LAURITSEN AGNETHE THORSETH GUNVOR TORSTEINSRUD TORUNN	Buskerud 17.31,0 17.52,0 17.52,0 17.03,0	1:10.18,0	06.09,0
29	022 Oppland 3. lag FLESVIG SIGRID JOHANSEN LAILA HARVIKEN JILL HOLE ANNE GRETHE	Oppland 17.52,0 17.25,0 17.12,0 18.08,0	1:10.37,0	06.28,0
29	024 Akershus 3. lag HAGEN BENTHE SKINNES STINE STRØMNES SIV HAGEN ELIN	Akershus 17.33,0 18.10,0 18.19,0 16.35,0	1:10.37,0	06.28,0
31	028 Nordland 2. lag RYSTAD TONE SLETTBAKK ASE RISVOLL CECILIE STRØM HEGE	Nordland 17.47,0 18.41,0 16.57,0 17.21,0	1:10.46,0	06.37,0
32	031 Akershus 4. lag HOVELSEN VERA MJØEN CAROLINE FJELLHEIM INGVID BRATLIE LENA	Akershus 17.59,0 17.32,0 18.14,0 17.03,0	1:10.48,0	06.39,0
33	050 Telemark 2. lag SANDBERG HILDE AASEN KJERSTI B. HØGETVEIT ANNE EIE TONJE	Telemark 17.36,0 18.41,0 17.34,0 17.00,0	1:10.51,0	06.42,0
34	025 Oppland 4. lag BAKKEN HILDE MØLLERLØKKEN BENEDE. SVEGARDEN ANNE LILLEENGEN LISE	Oppland 18.13,0 18.03,0 17.02,0 17.34,0	1:10.52,0	06.43,0
35	051 Troms 3. lag EMBERLAND RAGNHILD WALLE IRIS JENSEN LILL WENCHE LAMO TRINE	Troms 18.10,0 18.24,0 17.20,0 17.03,0	1:10.57,0	06.48,0
36	041 Oslo 3. lag GOMNÆS SIRI AASEBØ CATHRINE HAREIDE METTE SØRASEN ANNIKEN	Oslo 18.53,0 18.03,0 17.05,0 17.05,0	1:11.06,0	06.57,0

PLASS NR.	NAVN	LAG	TID	ETTER
37	055 Buskerud 6. lag VEISTEN MONICA BJERKE GRO ANITA TORMODSGÅRD ELIN WINNES MARIANNE	Buskerud 18.28,0 18.10,0 17.21,0 17.17,0	1:11.16,0	07.07,0
38	038 Oslo 2. lag LUND ELISABETH KNUDSEN KATRINE WILHELMOSEN KJERSTI ARNTZEN ANINE	Oslo 18.12,0 18.21,0 17.27,0 17.19,0	1:11.19,0	07.10,0
39	018 Østfold VAN NES HJØRDIS DALENE GURD TOMTER HENRIETTE GULDBRANDSEN KARINA	Østfold 18.35,0 18.27,0 17.24,0 17.03,0	1:11.29,0	07.20,0
40	049 Buskerud 4. lag BERG LIVE ASMYHR SIRI AUSTAD MAI KRISTIN SKARSTAD GUN HELEN	Buskerud 18.48,0 17.52,0 18.10,0 16.46,0	1:11.36,0	07.27,0
41	027 Møre og Romsdal 2. lag TENNØY BERIT KRISTIN EIDE BORGHILD BJERKE MAY BRITT HOVDENAKK ÅSLAUG	Møre og Romsdal 18.24,0 18.44,0 17.42,0 16.47,0	1:11.37,0	07.28,0
42	052 Buskerud 5. lag SVANBERG ANITA SMØRGRAV MARIT KIHLE JANNICKE DYVE METTE KRISTINE	Buskerud 18.59,0 17.42,0 17.39,0 17.20,0	1:11.40,0	07.31,0
43	035 Oppland 5. lag MYHRE VIBEKE BAKLØKKEN MONA TØFTUM RANDI ISAKSEN LINDA	Oppland 18.07,0 17.53,0 17.55,0 17.51,0	1:11.46,0	07.37,0
44	037 Finnmark 2. lag MARTHINSEN INGVILL LUND RAGNHILD OLAUSSEN ANETTE HÆTTA ODDBJØRG	Finnmark 18.21,0 18.33,0 17.09,0 18.01,0	1:12.04,0	07.55,0
45	042 Nord-Trøndelag 4. lag MYHRE HEGE BERG ANNA S. UTHUS METTE BJØRKMO LENE K.	Nord-Trøndelag 18.56,0 18.34,0 17.13,0 17.43,0	1:12.26,0	08.17,0

PLASS NR.	NAVN	LAG	TID	ETTER
46	048	Bergen & Hordaland 2. lag LÆGREID ANNA KARINA HAARA TORILL HJELMELAND RANVEIG TITLAND SIRI	Bergen og Hordaland 18.50,0 17.48,0 17.42,0 18.18,0	1:12.38,0 08.29,0
47	053	Sør-trøndelag 8. lag SAMDAL TONE KROGSTAD MARIANN HAUGEN INGEBORG BYE TORILL	Sør-Trøndelag 19.27,0 19.08,0 17.01,0 17.17,0	1:12.53,0 08.44,0
48	057	Troms 4. lag KLAUSEN ELISABETH HANSEN ANITA TRÆTTE LENE JOHANSEN LINDA H.	Troms 18.40,0 18.52,0 17.51,0 17.49,0	1:13.12,0 09.03,0
49	010	Sogn og Fjordane TORSNES HEID JUNE BOSDAL JANNE NES MARIANNE KOLLTVEIT BERIT	Sogn og Fjordane 19.27,0 18.11,0 17.08,0 18.31,0	1:13.17,0 09.08,0
50	043	Sør-Trøndelag 7. lag VARUM NINA M. VEISETAUNE MAY GRETE MOE VIBEKE RIAN METTE.	Sør-Trøndelag 19.09,0 18.44,0 17.20,0 19.01,0	1:14.14,0 10.05,0
51	044	Nordland 3. lag ROGNMO PIA BORGE MARITA EINES LONE WASSBAKK KATRINE	Nordland 18.59,0 18.57,0 18.33,0 18.02,0	1:14.31,0 10.22,0
52	056	Telemark 3. lag BJERVA GUNN MARIKEN BRATHEN THERESE HOGSRUD GYRI MELANDSMO HÆGE	Telemark 18.53,0 18.53,0 19.22,0 18.09,0	1:15.17,0 11.08,0
53	058	Oppland 6. lag STANGSTUEN ELIN AMOT MAY LISE STEINSLI HILDE EVENRUD MONA	Oppland 19.19,0 19.10,0 19.16,0 17.41,0	1:15.26,0 11.17,0
54	045	Oslo 4. lag STOKKE THERESE TESLO ANNE LUND ANNETTE G. HETLE VIBEKE	Oslo 19.51,0 19.25,0 18.45,0 18.10,0	1:16.11,0 12.02,0



SPAREBANKEN  
MIDT-NORGE


PLASS NR.	NAVN	LAG	TID	ETTER
55	016	Rogaland		
		Rogaland	1:16.22,0	12.13,0
		ØVERLAND VALBORG	19.08,0	
		HILLESTAD INGEBJØRG	20.06,0	
		OFTEDAL ANE	18.14,0	
		HÅKULL LENA	18.54,0	
56	032	Vestfold 2. lag		
		Vestfold	1:20.15,0	16.06,0
		KVILHAUG LINE S.	20.54,0	
		OLSEN STINE FEIRING	20.27,0	
		ALFHEIM HANNE B.	18.58,0	
		KARLSEN CECILIE	19.56,0	
BRUTT 046	Hedmark 3. lag	Hedmark		
	TØRUDBAKKEN AGNETHE		19.14,0	
	RANDEN ASLAUG		18.00,0	
	HØIBY SISSEL		17.30,0	
	STORHAUG MARIT			

X-SPORT RESULTATSYSTEM 900304 13:26.16

amsos IL  
ennleder: Bjørn Prestvik  
øypesjef: Ola Landsem

RESULTATER MJL  
HOVEDLANDSRENNET 1990

Gutter stafett 4x5 km

  
Namsos skisenter  
Søndag 4. mars 1990  
TD: Jan Erik Grut

LASS NR.	NAVN	LAG	TID	ETTER
1	002 Nord-Trøndelag 1. lag BJØRNAS LARS LEIRVIK SVEIN A. BRØRS HENRIK JERMSTAD FRODE	Nord-Trøndelag 14.39,0 15.23,0 13.49,0 13.53,0	57.44,0	00.00,0
2	005 Buskerud 1. lag TVEITEN IVAR BORGE HAKON HANSEN ANDERS NUPEN BJØRNDALEN OLE EINAR	Buskerud 14.38,0 15.01,0 14.44,0 13.42,0	58.05,0	00.21,0
3	012 Troms 1. lag LUNDE BENDIK AKSBERG KJETIL NYLUND PATRIK BÅTNES PÅL S.	Troms 14.53,0 15.25,0 15.04,0 13.49,0	59.11,0	01.27,0
4	004 Sør-Trøndelag 1. lag SANDVIK TROND BERBU ANDREAS OVERLAND ERLING HOLTEN GØRAN	Sør-Trøndelag 14.54,0 15.09,0 14.51,0 14.44,0	59.38,0	01.54,0
5	006 Hedmark 1. lag LILLEBEKK TROND MIKKELSEN OLE M. DAMMEN GEIR K. RUSTADBAKKEN TROND	Hedmark 15.08,0 15.22,0 15.05,0 14.08,0	59.43,0	01.59,0
6	010 Nordland 1. lag RØRVIK PER VALVIK VIDAR KRINGHAUG HAVARD KROKEN ØYSTEIN	Nordland 15.22,0 15.09,0 14.51,0 14.23,0	59.45,0	02.01,0
7	024 Buskerud 2. lag HENNUM SVERRE SANDNES ESPEN KOLLERUD FRODE KOLLERUD RUNE	Buskerud 15.23,0 14.56,0 15.05,0 14.36,0	1:00.00,0	02.16,0
8	001 Oslo 1. lag PEDERSEN FRODE OLSEN JON INGJERD PÅL CHR. STORBRATEN ANDERS	Oslo 15.23,0 15.27,0 14.49,0 14.33,0	1:00.12,0	02.28,0
9	030 Sør-Trøndelag 2. lag DECKER MORTEN SLETTOM LARS SOLVIK HAKON OVERLAND ASLAK	Sør-Trøndelag 15.25,0 15.45,0 14.59,0 14.13,0	1:00.22,0	02.38,0

LASS NR.	NAVN	LAG	TID	ETTER
10	013	Sogn og Fjordane 1. lag BERDAL ARNSTEIN FEET RONNY TURØY JAN RUNE GJERLAND JAN ERIK	Sogn og Fjordane 15.18,0 15.19,0 15.17,0 14.31,0	1:00.25,0 02.41,0
11	025	Buskerud 3. lag CHRISTIANSEN PÅL M. WILLASSEN STEINAR HELGESTAD RUNE SKJØNBERG HAKON	Buskerud 15.23,0 15.38,0 14.59,0 14.26,0	1:00.26,0 02.42,0
12	022	Hedmark 2. lag WANG HAKON BERGLI KJETIL NOMERSTAD THOMAS MICHALSEN ESPEN	Hedmark 15.52,0 15.26,0 14.40,0 14.30,0	1:00.28,0 02.44,0
13	014	Bergen & Hordaland DALSEID VINJAR PEDERSEN HAVARD RIBESEN ØYVIND IGELTJØRN VIDAR	Bergen og Hordaland 15.06,0 15.34,0 15.24,0 14.24,0	1:00.28,0 02.44,0
14	018	Møre og Romsdal PEDERSEN STIAN INSELSET JAN ERLEND HELTNE JAN ERIK SLETTAS ROGER	Møre og Romsdal 15.45,0 15.34,0 14.43,0 14.31,0	1:00.33,0 02.49,0
15	029	Oslo 2. lag ULVERUD BENJAMIN ELLINGSEN JO HOPE RUNE KOLLERØY MORTEN	Oslo 15.32,0 15.45,0 14.53,0 14.39,0	1:00.49,0 03.05,0
16	037	Sør-Trøndelag 3. lag KALVØY ØIVIND TJØNNDAL SVEIN G. FOSSEN ROGER RYGG OLA	Sør-Trøndelag 16.12,0 15.49,0 14.47,0 14.03,0	1:00.51,0 03.07,0
17	023	Akershus 2. lag BJØRKMANN OLE HAY MARTIN SVERDRUP VETLE LARSEN RUNE	Akershus 15.49,0 15.25,0 15.02,0 14.37,0	1:00.53,0 03.09,0
18	007	Akershus 1. lag FAGERNES PÅL ARNE ZWAIG MICAEL SCAVENIUS ESPEN BARSTAD HAVARD	Akershus 15.24,0 15.27,0 16.08,0 14.07,0	1:01.06,0 03.22,0

PLASS NR.	NAVN	LAG	TID	ETTER
19	011 Østfold 1. lag ROSENDAL OLE MARIUS SMAADAL TRYGVE SKALLERUD ØIVIND HAUG TROND	Østfold 15.05,0 16.00,0 14.42,0 15.24,0	1:01.11,0	03.27,0
20	003 Oppland 1. lag NYHAGEN HAVARD AASS HAVARD BROBAKKEN ATLE FLATEN KJETIL	Oppland 15.12,0 15.37,0 15.47,0 14.38,0	1:01.14,0	03.30,0
21	016 Vestfold 1. lag GRAN PAL ESPEN KREKEN LARS E. KVERNSMYR STIAN OPSTAD STALE	Vestfold 15.36,0 15.50,0 15.15,0 14.34,0	1:01.15,0	03.31,0
22	032 Nord-Trøndelag 3. lag SØRAKER ERLEND WALDERHAUG STALE BERG TORKIL ESTIL JENS P.	Nord-Trøndelag 16.07,0 15.48,0 14.52,0 15.00,0	1:01.47,0	04.03,0
23	009 Rogaland TOLLEFSEN TORE NEVLAND TORGEIR LEVANG PAL HETLAND TOR ARNE	Rogaland 16.43,0 15.33,0 15.05,0 14.31,0	1:01.52,0	04.08,0
24	027 Buskerud 4. lag BJØLSETH CHRISTIAN HAUG TROND ESPEN TVERRVÅG HAKON LIAVÅG SVEIN	Buskerud 16.21,0 15.56,0 15.17,0 14.21,0	1:01.55,0	04.11,0
25	008 Finnmark 1. lag HANSEN HALLGEIR PEDERSEN PEDER HOFFMANN MORTEN L. BONGO MIKKEL PER	Finnmark 15.27,0 15.26,0 16.01,0 15.03,0	1:01.57,0	04.13,0
26	033 Troms 2. lag SÆTER DAG MOSLI BARD ARONSEN KRISTOFFER MIKKELSEN EIVIND	Troms 15.46,0 16.02,0 15.21,0 14.57,0	1:02.06,0	04.22,0
27	050 Hedmark 3. lag SÆTERASEN ANDRE VIBEKKE KARL FR. ONSUM BJØRNAR HAGEN LARS	Hedmark 15.32,0 15.37,0 15.08,0 15.58,0	1:02.15,0	04.31,0

LASS NR.	NAVN	LAG	TID	ETTER
28	021	Oppland 2. lag FURUSETH LARS FJELLSTAD FRODE ERIKSEN OLE MARIUS SOLBAKKEN ARNE CHR.	Oppland 15.47,0 16.01,0 15.20,0 15.09,0	1:02.17,0 04.33,0
29	036	Nordland 2. lag EDVARDBEN JONNY KRISTIANSEN TONY A. JØRGENSEN ROAR JAKOBSEN ROBIN	Nordland 15.44,0 15.52,0 15.34,0 15.09,0	1:02.19,0 04.35,0
30	026	Akershus 3. lag BJONVIKEN TORE NORENG TRYGVE OLSEN VEGARD BRUROK SINDRE	Akershus 16.04,0 15.52,0 15.18,0 15.17,0	1:02.31,0 04.47,0
31	015	Telemark 1. lag PETTERSEN OLA STORAS SIMEN VALE EIVIND MYRE TORLEIV	Telemark 16.05,0 15.53,0 15.42,0 14.52,0	1:02.32,0 04.48,0
32	053	Hedmark 4. lag GRINI JOAR ØVERBY FRODE OLSEN THOMAS KRISTIANSEN FRANK W.	Hedmark 15.57,0 16.10,0 15.32,0 14.56,0	1:02.35,0 04.51,0
33	043	Vestfold 2. lag JANSHAUG RUNE JØRGENSEN GJERMUND LARSEN DANIEL KARLSEN BJØRN B.	Vestfold 16.29,0 15.47,0 15.25,0 14.54,0	1:02.35,0 04.51,0
34	020	Nord-Trøndelag 2. lag RØSTAD TOM ERIK RAMDAL RUNE BØRSETH JENS KR. STOKKE LARS	Nord-Trøndelag 16.04,0 15.29,0 15.45,0 15.39,0	1:02.57,0 05.13,0
35	017	Vestagder PEDERSEN PER OLE AASEN GEIR LUDVIG KNABENES ODDVIN TONSTAD ARILD MARTIN	Vestagder 15.54,0 16.22,0 15.29,0 15.28,0	1:03.13,0 05.29,0
36	051	Sør-Trøndelag 6. lag SUNDSETH MORTEN FUGLEM JAN OLE OLLSØ ERLEND TORVEE ARNE	Sør-Trøndelag 15.49,0 16.44,0 15.23,0 15.20,0	1:03.16,0 05.32,0



KLASS NR.	NAVN	LAG	TID	ETTER
37	031 Akershus 5. lag PETTERSEN KJETIL ØSTBY ANDERS GULLAKSEN JARLE BAKKEN KJETIL	Akershus 16.08,0 15.41,0 15.35,0 15.55,0	1:03.19,0	05.35,0
38	044 Sør-Trøndelag 5. lag NERGARD MORTEN ENGTRØ FRODE FJELLVIKAS MORTEN HALVORSEN RASMUS	Sør-Trøndelag 15.58,0 15.52,0 16.04,0 15.30,0	1:03.24,0	05.40,0
39	040 Oppland 3. lag SØRUM ATLE BUNGUM HAVARD VALLE RANDULF GRØNLI TOR HÅKON	Oppland 16.25,0 16.16,0 15.45,0 15.05,0	1:03.31,0	05.47,0
40	041 Sør-Trøndelag 4. lag GRESSETH JENS P. KNUTSEN MORTEN WINSNES JENS SIMONSEN ERLEND	Sør-Trøndelag 15.44,0 16.07,0 16.58,0 15.08,0	1:03.57,0	06.13,0
41	035 Buskerud 5. lag ANTONSEN RUNE OLSEN TOR IVAR EVJU MORTEN DAHL HANS KRISTIAN	Buskerud 16.48,0 16.43,0 15.29,0 15.02,0	1:04.02,0	06.18,0
42	046 Nordland 4. lag KLEMENTSEN ANTE RYSTAD FRODE JAKOBSEN ROGER GJERSTAD TOMMY	Nordland 16.14,0 16.24,0 15.53,0 15.38,0	1:04.09,0	06.25,0
43	042 Oslo 3. lag BRATEN ANDERS SVENDSRØGET TOMMY OLSEN ERLEND HANSEN KENNETH G.	Oslo 16.17,0 17.06,0 15.31,0 15.32,0	1:04.26,0	06.42,0
44	038 Nordland 3. lag HANSEN HANS JØRGEN BJØRNADAL FRODE JOHANSEN ESPEN ASLAND DANIEL	Nordland 16.34,0 17.12,0 15.14,0 15.27,0	1:04.27,0	06.43,0
45	055 Hedmark 5. lag HAGEN VIDAR RØRHSVEEN MARTIN GRØNLI ANDERS SØRLIE SVEIN K.	Hedmark 16.54,0 16.47,0 15.41,0 15.12,0	1:04.34,0	06.50,0

KLASS NR.	NAVN	LAG	TID	ETTER
46	047	Oslo 4. lag HANSEN SKAGE TORIN PEDERSEN BJØRN LYNG HILDENG ANDREAS TVEITEREID HAKON	Oslo 16.58,0 16.21,0 16.04,0 15.19,0	1:04.42,0 06.58,0
47	058	Oppland 4. lag SØRENSEN ROLF SKJØLAS CATO EIMSTAD TRØAN HANS AASHAUG ODD ESPEN	Oppland 15.56,0 16.36,0 16.16,0 15.58,0	1:04.46,0 07.02,0
48	054	Sør-Trøndelag 7. lag GLØTHEIM TROND M. BJERKAN LARS FUGLEM CHRISTIAN NERVIK ERLING	Sør-Trøndelag 17.28,0 15.54,0 15.31,0 16.07,0	1:05.00,0 07.16,0
49	049	Vestfold 3. lag HELLE HARALD LEFSAKER MORTEN WERNER CARSTEN LYSNES VIDAR	Vestfold 16.45,0 16.46,0 15.15,0 16.24,0	1:05.10,0 07.26,0
50	052	Østfold 2. lag SANDNES TARJEI AASLAND MORTEN FJELD KJETIL SKAAR LEIF A.	Østfold 15.56,0 16.48,0 16.10,0 16.21,0	1:05.15,0 07.31,0
51	034	Akershus 6. lag KRISTIANSSEN ØYSTEIN SIIGRE PÅL M. NAKSTAD ANDERS STRANDLI ERIK	Akershus 16.41,0 16.15,0 15.34,0 16.46,0	1:05.16,0 07.32,0
52	048	Buskerud 6. lag KOLSRUD TRULS THORSRUD RUNAR AASTERUD ATLE ØPSTAD ANDERS	Buskerud 16.49,0 16.51,0 18.04,0 15.39,0	1:05.23,0 07.39,0
53	039	Finnmark 2. lag JOHNSEN TROND ANNANIASSEN RAYMOND BLOMKVIST LARS H. UGLEBAKKEN KNUT	Finnmark 16.12,0 17.07,0 17.13,0 14.59,0	1:05.31,0 07.47,0
54	028	Akershus 4. lag LUNDRING THOMAS HØEL JOHN A. NYGAARD PÅL HOLM THOMAS	Akershus 16.49,0 16.23,0 16.48,0 15.32,0	1:05.32,0 07.48,0

KLASS NR.	NAVN	LAG	TID	ETTER
55	019	Austagder		
		OPPSTAD BIRGER	17.03,0	
		MESSEL BERNT OLAV	17.17,0	
		ROBSTAD BJØRN	16.19,0	
		AAMLJ JAN SVERRE	14.55,0	
56	056	Telemark 2. lag.		
		AAS JENS PETTER	16.07,0	
		HEISTAD STEIN OVE	17.26,0	
		GUNDERSEN JON VEGARD	16.22,0	
		RINDE EIVIND FRODE	16.01,0	
57	045	Nord-Trøndelag 4. lag		
		HALLEM STEIN GUNNAR	16.18,0	
		NESS LARS ERIK	17.37,0	
		MARTINSEN RUNAR	15.55,0	
		FISKVIK AMUND	16.35,0	
58	057	Sogn og Fjordane 2. lag		
		MOE SVEIN ODNE	16.22,0	
		DJUPVIK MORTEN	17.03,0	
		RØRVIK ROBERT	16.19,0	
		FOSSØY RONNY	17.43,0	

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