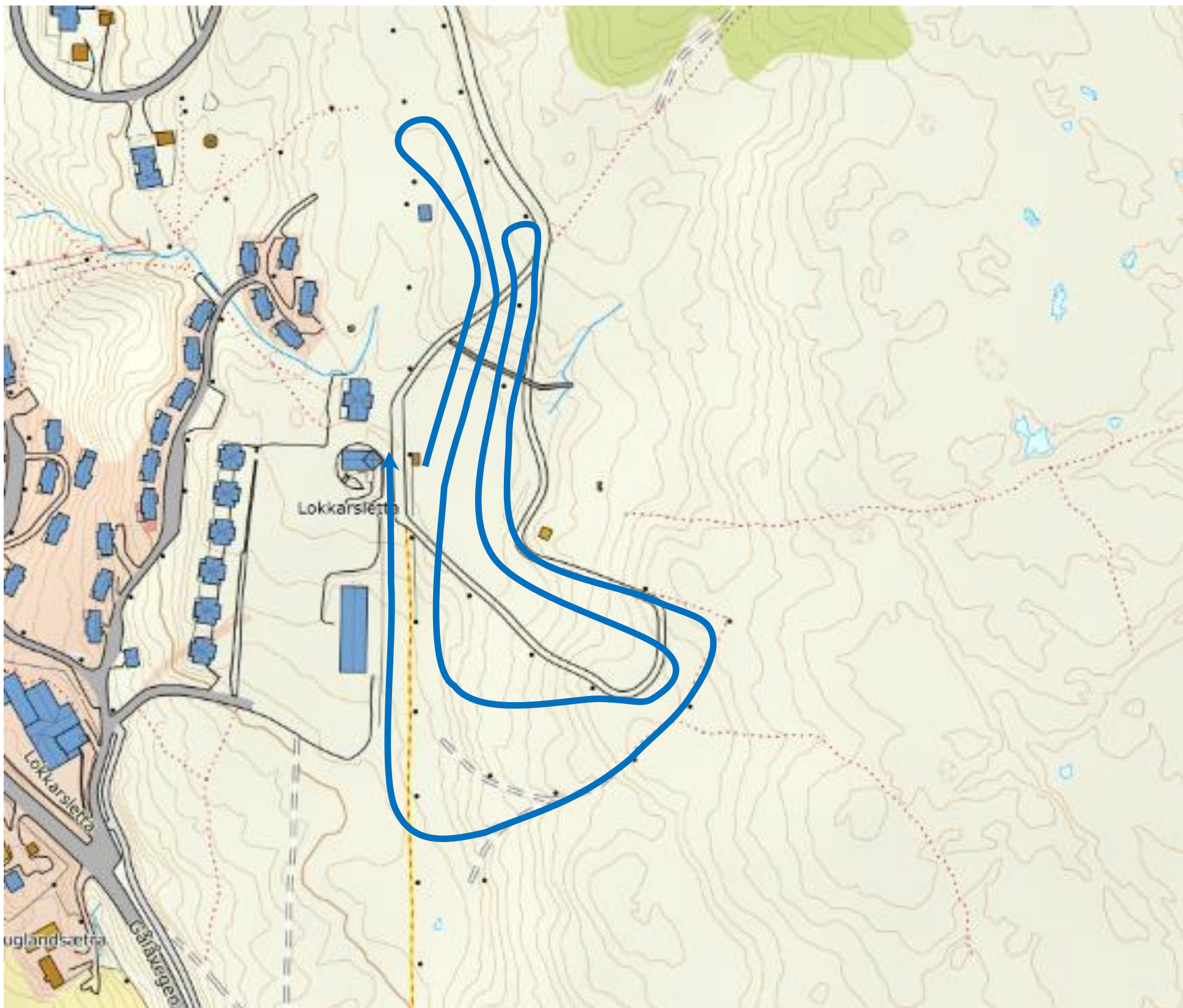


GålaSPRINTEN

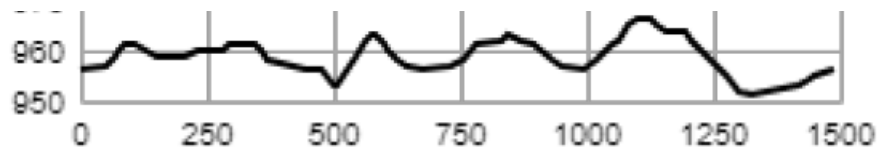


Sprint lørdag 30/11

Senior Herrer - Senior Damer – Junior Herrer



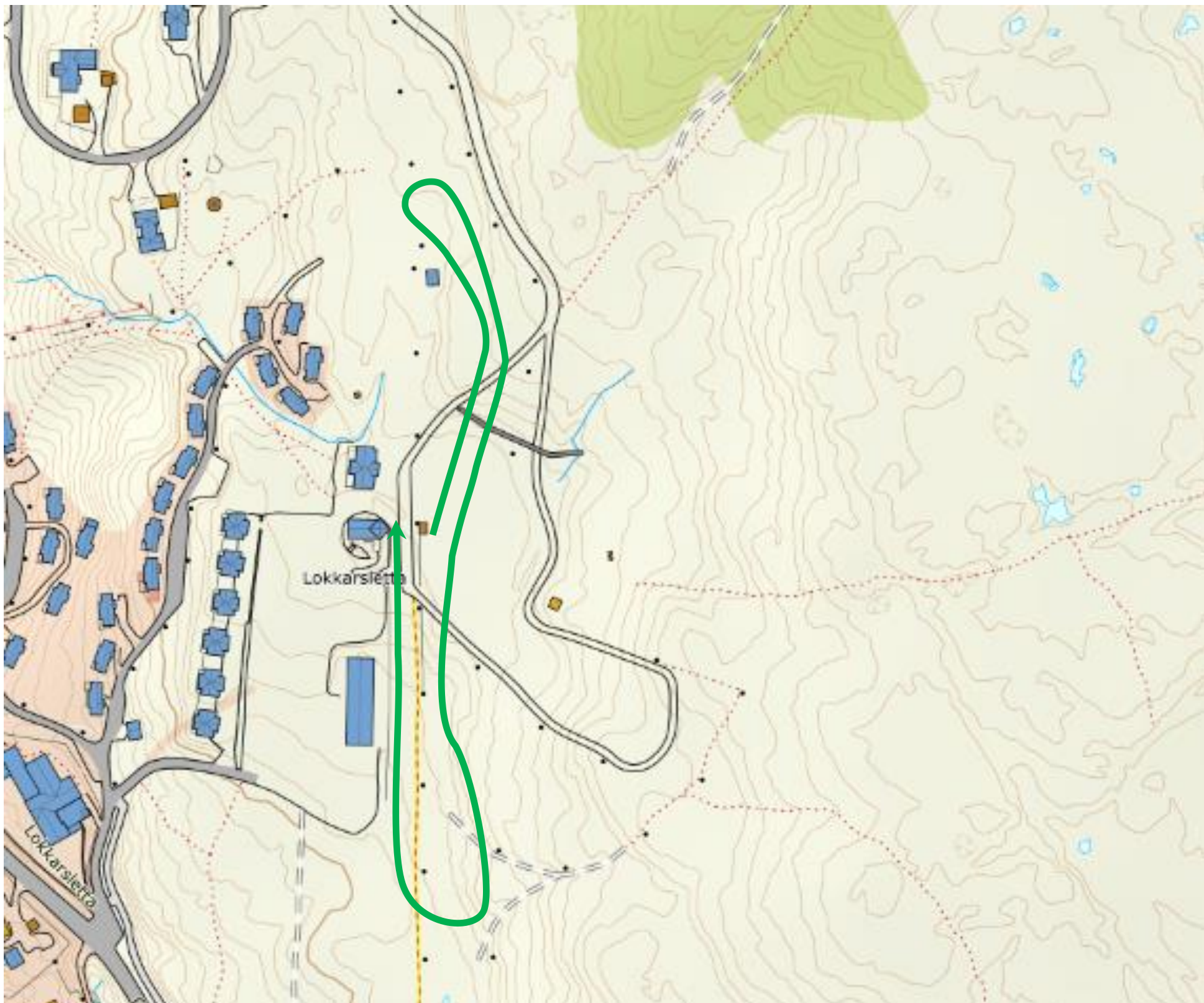
| | | | | | |
|------------------|--------|-------------------------|-----|----------------|------|
| Course length: | 1,486m | Height difference (HD): | 15m | Lowest point: | 951m |
| Course category: | D | Maximum climb (MC): | 10m | Highest point: | 966m |
| | | Total climb (TC): | 39m | | |



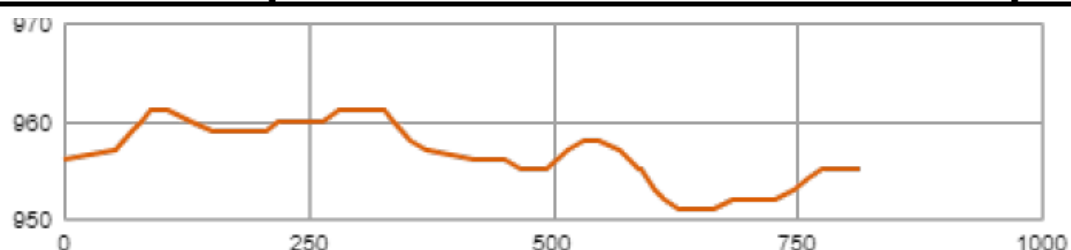
Gåla SPINTEN



Para sprint sittende lørdag 30/11



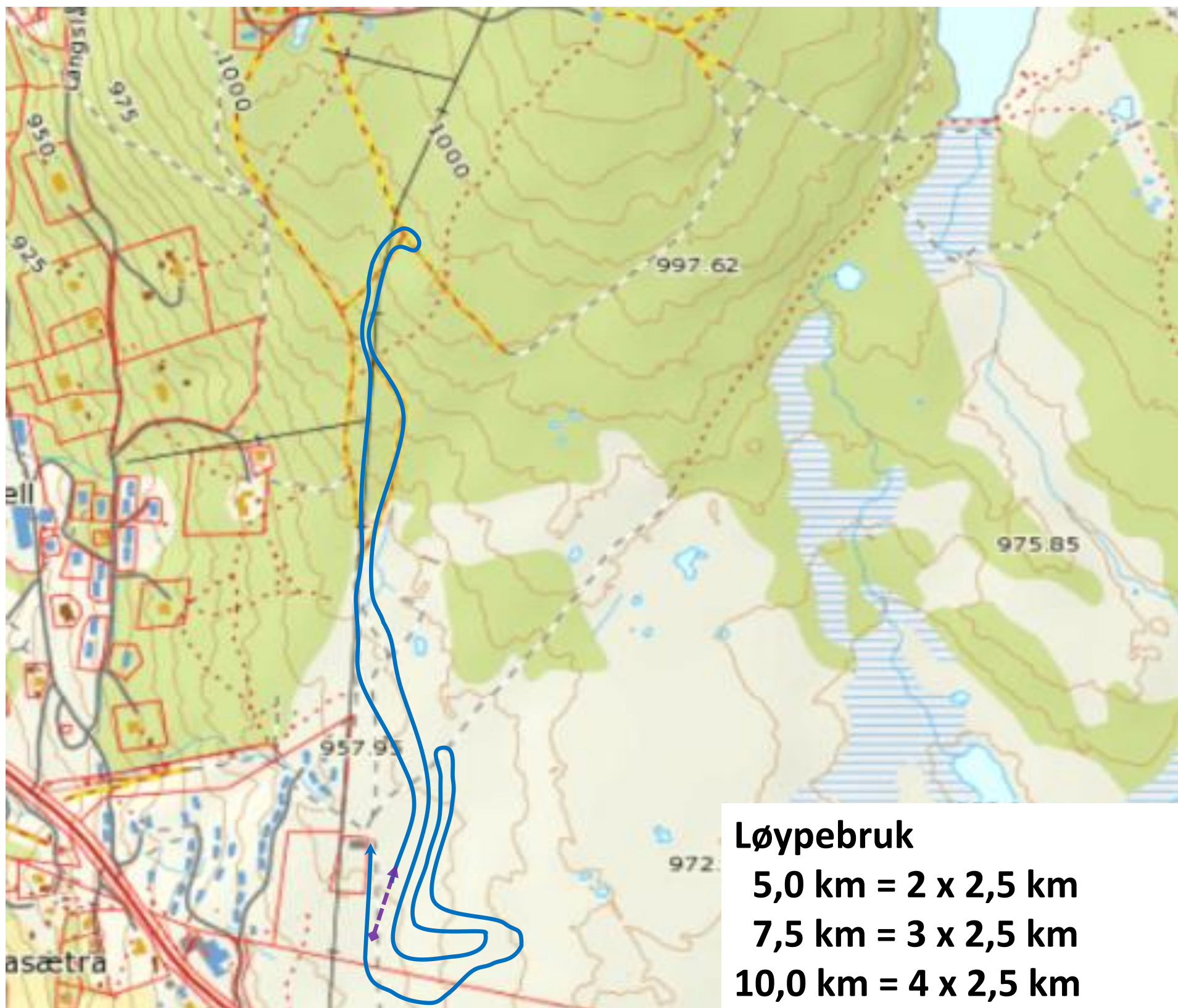
| | | | | | |
|------------------|------|-------------------------|-----|----------------|------|
| Course length: | 814m | Height difference (HD): | 10m | Lowest point: | 951m |
| Course category: | C | Maximum climb (MC): | 4m | Highest point: | 961m |
| | | Total climb (TC): | 14m | | |



Gåla SPRINTEN



Distanse – 2,5 km



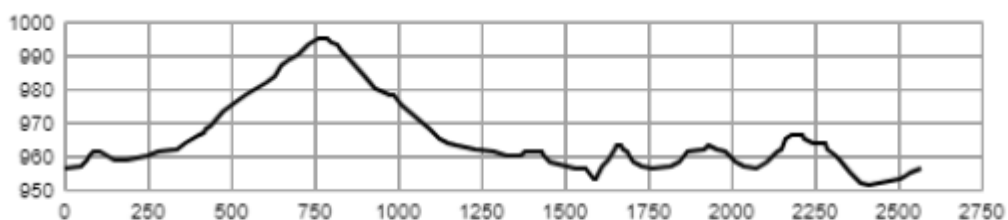
Løypebruk

5,0 km = 2 x 2,5 km

7,5 km = 3 x 2,5 km

10,0 km = 4 x 2,5 km

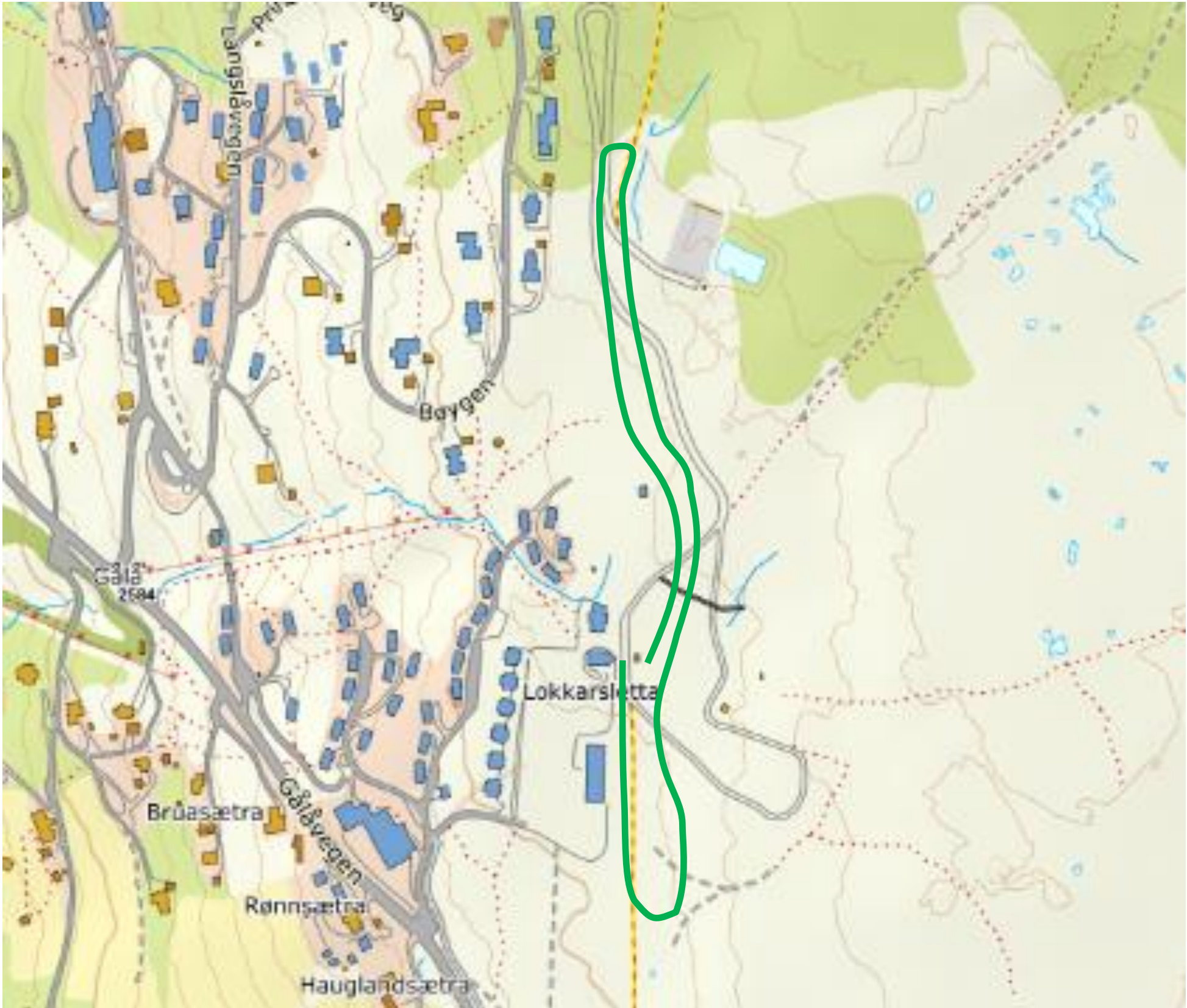
| | | | | | |
|------------------|--------|-------------------------|-----|----------------|------|
| Course length: | 2,572m | Height difference (HD): | 44m | Lowest point: | 951m |
| Course category: | E | Maximum climb (MC): | 33m | Highest point: | 995m |
| | | Total climb (TC): | 74m | | |



GålaSPRINTEN



Para sittende distanse fredag 29/11 og søndag 1/12



Fredag

4,8 km = 4 x 1,2 km

Søndag

8,4 km = 7 x 1,2 km